

JAMNABAI NARSEE ALUMNI ASSOCIATION

30

CASCADE

AUGUST 2025



We proudly present the 30th edition of Cascade – India’s largest interschool cultural and sports festival – bigger, bolder, and better than ever.

Each of our events has been thoughtfully curated to spark creativity, inspire innovation, and celebrate excellence across every stage.

After 29 powerful editions, Cascade has grown into more than just a festival – it has become a tradition, a legacy, and a launchpad for students to discover talents they didn’t know they had.

This journey wouldn’t be possible without the unwavering support of our school leadership – Managing Trustee Shri Jairaj Thacker, Trustee Shri Sujay Jairaj, JNS Principal Ms. Sonali Gandhi, Head of JNIS Ms. Jasmine Madhani, Alumni President Ms. Tamanna Tanna, and the JNAA Managing Committee. Thank you for making it possible for us to dream this big and deliver on it.

To the brilliant organising committee, your grit, creativity, and passion have powered this festival forward. Through every challenge, you have stood tall, and now your vision is about to come alive. I hope you are as proud of what you have created as I am of you.

At its heart, Cascade is about connection, about creating a space where everyone wants to return, year after year. To dance, to sing, to cheer, to compete, and most of all, to belong.

Cascade: more than a moment, it’s a movement. One we want to feel every single year.

Yashwant Nahar

Chairperson

Cascade 30

INDEX

| | | |
|-----|-----------------------------|------------|
| 1. | Important Dates | 05 |
| 2. | Introduction | 06 |
| 3. | Organising Committee | 07 |
| 4. | Contingent Leaders' Meeting | 08 |
| 5. | General Rules | 09 |
| 6. | Registration Process | 11 |
| 7. | Restricted Participation | 12 |
| 8. | Scoring Pattern | 16 |
| 9. | Section Heads | |
| | i. Fine Arts | 18 |
| | ii. Literary Arts | 32 |
| | iii. Performing Arts | 48 |
| | iv. CasKids | 60 |
| | v. Informals | 72 |
| | vi. CasPro | 84 |
| | vii. Sports Mania | 98 |
| | viii. Numero Uno | 112 |
| 10. | Schedule | 116 |
| 11. | FAQs | 126 |

IMPORTANT DATES

Sunday, 20th July, 2025, 11:00 am:

- Contingent Leaders' Meeting will be held at Jamnabai Narsee School.

Tuesday, 22nd July, 2025, 12:00 pm:

- **Entry Form No. 0 (School Details)** opens on www.jnaacascade.com
- Registrations begin for all restricted and unrestricted events;
Entry Form No. 1 (Registration Form) on www.jnaacascade.com

Saturday, 26th July, 2025:

- Inaugural event of Cascade 30, 'Aashayein by Cascade' to be held at Jamnabai Narsee School.

Tuesday, 5th August, 2025, 12:00 pm:

- Registrations close for **Entry Form No. 0 (School Details)** & **Entry Form No. 1 (Registration Form)**.
- Registrations begin for **Entry Form No. 2 (Participant Details)** on www.jnaacascade.com

Tuesday, 12th August, 2025, 12:00 pm:

- Registrations close for **Entry Form No. 2 (Participant Details)**.

Friday, 15th August, 2025, 12:00 pm – 06:00 pm:

- Collection of ID cards from Jamnabai Narsee School by Teacher-In-Charge or Contingent Leader.

Saturday, 23rd August, 2025:

- Day 1 of Cascade 30.

Sunday, 24th August, 2025:

- Day 2 of Cascade 30.

INTRODUCTION

Cascade 30 will be held on the 23rd and 24th of August, 2025.

Cascade 30 is divided into the following 8 Section Heads:

- **Fine Arts**
- **Literary Arts**
- **Performing Arts**
- **CasKids**
- **Informals**
- **CasPro**
- **Sports Mania**
- **Numero Uno**

NOTE: Kindly refer to individual events for age specifications.

ORGANISING COMMITTEE

| | |
|-------------------------|----------------|
| Chairperson | Yashwant Nahar |
| Vice Chairperson | Param Shah |
| Vice Chairperson | Nysa Shah |
| Vice Chairperson | Garrv Modgil |

Event Co-ordinators

| | |
|------------------------|------------------|
| Fine Arts | Tia Shah |
| Literary Arts | Shreeya Tank |
| Performing Arts | Kashvi Ruparelia |
| CasKids | Naisha Modi |
| | Kaaya Bohra |
| Informals | Krishi Joshi |
| | Arnav Bhanushali |
| CasPro | Zaara Gaba |
| Sports Mania | Vidhan Arora |
| | Devam Shah |
| Número Uno | Yohan Sinha |
| Aashayein | Jitaashri Gandhi |
| | Saachi Shah |

Heads of Department

| | |
|-----------------------------------------|--------------------|
| Administration | Raeya Dalal |
| School Communications | Bhakti Kanakia |
| Logistics | Kian Jain |
| Finance | Kanav Tuteja |
| Public Relations & Marketing | Krishna Bhuta |
| Management & Security | Ronak Sharma |
| | Shauryabir Ghumman |
| | Adah Sayed |
| Hospitality | Shllok Shroff |
| Design & Production | Aliyeh Hussaini |

CONTINGENT LEADERS' MEETING

- Details of the Contingent Leaders' Meeting (CL Meet):
Date: Sunday, 20th July, 2025
Time: 11:00 am
Venue: Main Auditorium, Jamnabai Narsee School, Mumbai.
- Briefing of events along with any additions/deletions/changes will be intimated at this meeting.
- All details with regards to the registration process will be explained and the unique username and password will be provided for the same.
- **All schools wishing to participate in Cascade 30 must send their representatives (Contingent Leader, Assistant Contingent Leader and 2 Teachers-In-Charge) for this meeting.**

GENERAL RULES

1. **The reporting time on 23rd and 24th August, 2025, is 7:30 am.**
2. **The entire contingent must report together at 7:30 am on the respective days.** No participant will be allowed to enter the school premises during the course of the day.
3. Upon arrival, the Teachers-In-Charge and the Contingent Leaders will be required to go to the administration team to confirm their attendance. Each contingent must carry 2 attested copies of Entry Form No. 2 for the same.
4. Each contingent will be assigned a waiting area during the days of Cascade 30.
5. Please note: **ONLY** students of **STD. 1 and 2** will be permitted to enter the school **1 hour** prior to the scheduled time of their events. The Teacher-In-Charge should be present at the time of entry.
6. **No member of the contingent (Participant/Non-Participant) shall enter Cascade 30 in their school uniform/jersey.**
7. **Participants must NOT reveal their school's identity during the course of Cascade 30. Each school will be provided with a unique Cascade Contingent Code (CC Code) which can be used for identification purposes.**
8. Every participant should report for the individual event registration, at the respective venues, at least **30 minutes** prior to the scheduled time of the event with the Teacher-In-Charge/ Contingent Leader. Please note: Registration for all Sports Mania events will be **1 Hour** prior to the scheduled time of the event.
9. Participants should refer to the **SCHEDULE** for detailed timings before entering their names for multiple events. We advise keeping a gap of at least 2 hours between the end of one event and the start of another.
Kindly note that the schedule is subject to change on the day of the event.

10. Every participant must have a valid Cascade Identity Card in order to participate. Each ID card must have the participant's photograph, along with the stamp of the school and the Principal signature across it.
11. ID Cards for teachers must be attested in the same way as the Participant ID Cards. **No extra ID Cards will be issued.**
12. A maximum of **8 teachers** may accompany the contingent on each day.
13. **Non-Participant and Parent Passes** will be available for sale on the days of the events i.e. **23rd and 24th August, 2025.**
14. **All Passes are for entry into the school premises on the days of Cascade 30. Entry into individual venues will strictly be on a FIRST COME FIRST SERVE BASIS. Right of admission is reserved.**
15. Participants must carry their own material/equipment for all events unless mentioned otherwise.
16. **The Judges' decision for all events of Cascade 30 shall be final, binding and not subject to questioning.**
17. **Disciplinary action will be taken against students indulging in any kind of misconduct/vandalism. In either/both cases, the school will be penalized.**

REGISTRATION PROCESS

- Cascade 30 registration will take place on www.jnaacascade.com
- Each contingent must login using the using the unique **Username and Password** provided at the Contingent Leaders' Meeting.
- Each contingent must fill **3 forms** in order to complete their registration.
- **Entry Form No. 0 (School Details)**
 Opening Date: **Tuesday, 22nd July, 2025 - 12:01 pm**
 Closing Date: **Tuesday, 5th August, 2025 - 12:00 pm**
 This form includes the name & contact details of the School, Principal, Teachers-In-Charge & Contingent Leaders.
- **Entry Form No. 1 (Registration Form)**
 Opening Date: **Tuesday, 22nd July, 2025 - 12:01 pm**
 Closing Date: **Tuesday, 5th August, 2025 - 12:00 pm**
 This form is simply a confirmation of the contingents participation in some/all of the events at Cascade 30. This form includes all events of Cascade 30 - restricted & unrestriced. It does NOT include the names of the participants.
- **Entry Form No. 2 (Participant Details)**
 Opening Date: **Tuesday, 5th August, 2025 - 12:01 pm**
 Closing Date: **Tuesday, 12th August, 2025 - 12:00 pm**
 This form includes the name & age of the participants for all events.
- All the forms are editable until their respective deadlines.
- **2 attested copies of Entry Form No. 2** must be brought by the contingent on the respective day of the event.
- For further queries regarding the registration procedure, please feel free to contact:

| | | |
|-----------------------|----------------|-----------------|
| School Communications | Bhakti Kanakia | +91 70450 87998 |
| Vice Chairperson | Param Shah | +91 97698 69445 |

RESTRICTED PARTICIPATION

- Participation in **certain events** is **restricted**. The same shall be strictly on a **FIRST COME FIRST SERVE BASIS**.
- Contingents that wish to confirm their participation in any or all of these restricted events are required to do so by selecting these events in their **Entry Form No.1 (Registration Form)**.
- **The registration shall be considered as confirmed only on the receipt of an acknowledgement from the organising committee via an Email from communications@jnaacascade.com**
- Registration for the same will open on **Tuesday, 22nd July, 2025, at 12:01 pm on www.jnaacascade.com**
- **Once the stated number of entries have been received, further participation will NOT be accepted.** Further entries will be added to a waitlist, and the respective contingent will receive an acknowledgement for the same via email.
- **In the event of any dispute regarding participation in restricted events, the organisers' discretion shall prevail.**

The list of restricted events is as follows:

FINE ARTS

[1.3] MODELVERSE (3D Model Making)

Maximum Participation: 22 Teams

LITERARY ARTS

[2.7] CAS-MUN (Model United Nations)

Maximum Participation: 30 Teams

PERFORMING ARTS

[3.1] HALLA BOL (Street Play)

Maximum Participation: 20 Teams

[3.2] CAS CHORDS (Band Event)

Maximum Participation: 15 Teams

[3.3] BLOCKBUSTER (Bollywood Dance)

Maximum Participation: 20 Teams

[3.4] KALEIDOSCOPE (Acoustic Band)

Maximum Participation: 20 Teams

[3.9] BRING IT ON (Street Dance)

Maximum Participation: 20 Teams

CASKIDS

[4.3] LITTLE PAIR-FORMERS (Partner Dance)

Maximum Participation: 20 Teams

[4.4] YAADON KI BARAAT (Singing Event)

Maximum Participation: 25 Teams

[4.7] LIGHTS, CAMERA, LEGEND! (Dance & Choir Singing)

Maximum Participation: 20 Teams

INFORMALS

[5.1] KICK OFF (EAFC 25)

Maximum Participation: 32 Teams

[5.2] VICTORY ROYALE (Fortnite)

Maximum Participation: 32 Teams

[5.3] HOWZAT! (Box Cricket)

Maximum Participation: 32 Teams

[5.6] THE LONG CON (Among Us)

Maximum Participation: 32 teams

[5.8] FUSION CONFUSION (Multi-Sport)

Maximum Participation: 32 Teams

[5.9] HYDROSTRIKE (Battleship)

Maximum Participation: 24 Teams

CASPRO**[6.5] BAND BAAJA RUNWAY (Fashion Show)**

Maximum Participation: 20 Teams

[6.7] THE IMPERSONATION (Mock Press)

Maximum Participation: 20 Teams

SPORTS MANIA**[7.1] FOOTBALL**

Maximum Participation: 32 per category

[7.2] DODGEBALL

Maximum Participation: 32 per category

[7.4] BASKETBALL

Maximum Participation: 32 per category

[7.7] ATHLETICS

Maximum Participation: 32 per category

[7.8] BADMINTON

Maximum Participation: 32 Teams

[7.9] TABLE TENNIS

Maximum Participation: 32 per category

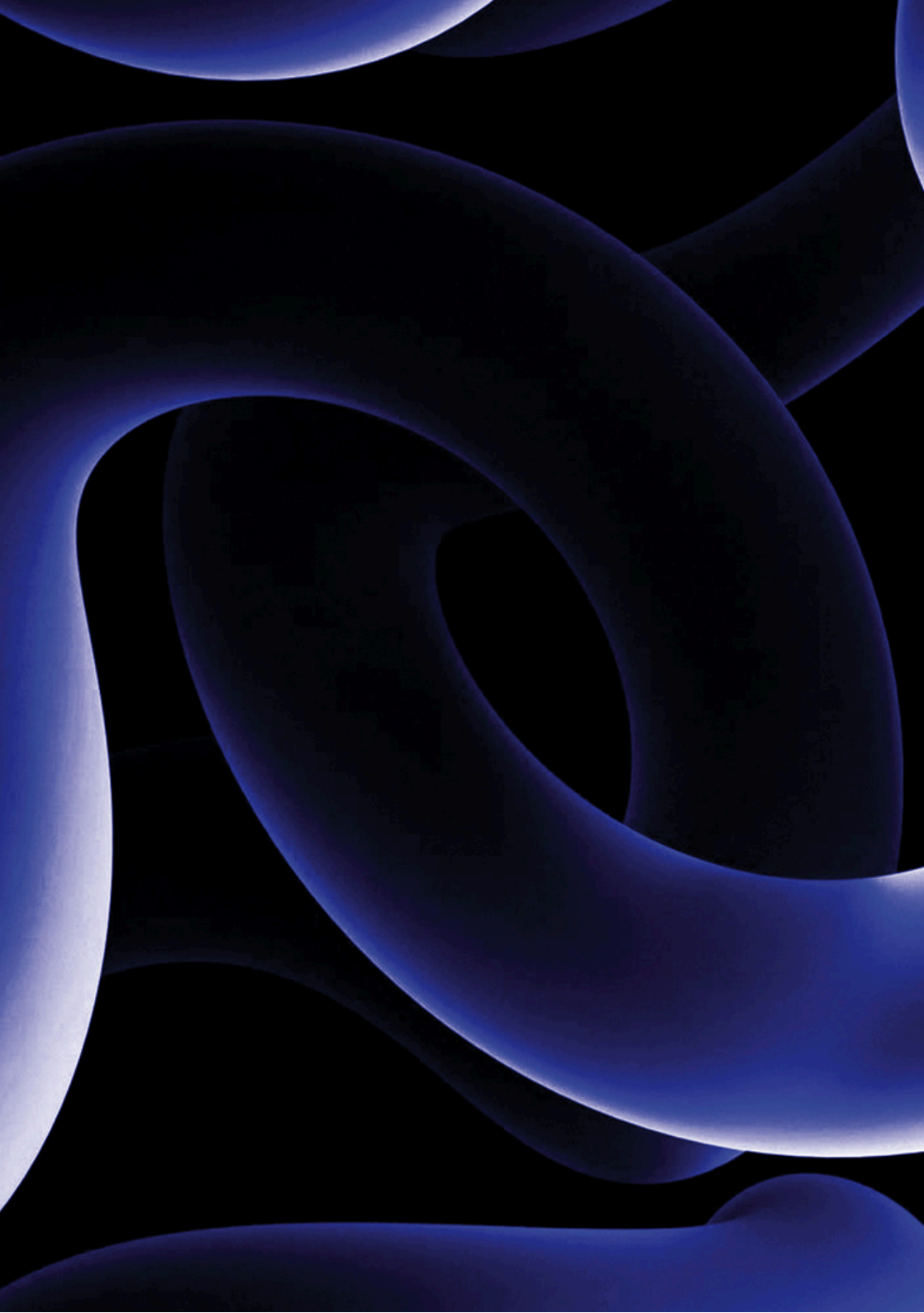
[7.10] TUG OF WAR

Maximum Participation: 32 per category

SCORING PATTERN

- At Cascade 30, winners will be awarded as per the follows:
Overall Winners: Cascade Rotating Trophy & Winners' Trophy
Overall Runners-Up: Cascade Runners-Up Trophy
Overall Section Head Winners: Section Head Trophy
Event Winners: Event Trophy and Merit Certificate
Participants: Participation Certificate
- It is **mandatory** for a representative of each contingent to be present at the **Closing Ceremony on Sunday, 24th August, 2025, 05:00 pm** in the Main Auditorium to receive the trophies/certificates on behalf of their contingent.
- The point system will be followed as below:
First Place: 20 points
Second Place: 15 points
Third Place: 10 points
Participation: 02 points
- In the event of a tie, both teams will be awarded the same number of points.
- **2 points** will be **deducted for absenteeism** from each event.
- Absenteeism **ONLY** refers to the situation of a contingent registering for an event but failing to participate in the same.

(This is different from non-participation where a school has not registered for the event. No marks will be deducted for non-participation.)
- A contingent can avoid negative marking for absenteeism by informing the administration department upon arrival in the morning **OR** having a non-participant or another participant substitute for an absentee by reporting to the venue of the event **with the Teacher-In-Charge/Contingent Leader**.





**FINE
ARTS**

TIA SHAH








Event Co-ordinator

+91 89285 41401

1.1

STRINGS ATTACHED

THREAD ART








| | |
|----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  09:00 am |  3 |
|  Full Day |  STD. 1 - 12 |
|  E-49 (4 th Floor) | |

- Participants are required to create a composition using thumb pins and thread **ONLY**.
- The theme for this event is **UNDER THE SEA**.
- Participants will **ONLY** be provided **1 soft board (3.9 ft x 3.9 ft)** with a white background and **350 thumb pins**.
- Participants **MUST** carry different coloured yarns that are **2mm** in thickness as per their requirement.
- Mixed media will **NOT** be permitted.
- Additional materials such as 3D items, add-on patches, spray paints, oil paints, marble paper or any other decorative items will **NOT** be permitted.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.

1.2

CANVAS OF CHORDS

ALBUM COVER DESIGN








| | | | |
|--------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------|-------------|
|  | Sat, 23 rd August |  | None |
|  | 09:00 am |  | 1 |
|  | 2 hours |  | STD. 1 - 12 |
|  Art Room (4 th Floor) | | | |

- Participants are required to design a **music album cover** based on a theme disclosed on the day of the event.
- Participants will **ONLY** be provided with **1 A3 size cartridge sheet**.
- Participants **MUST** carry acrylic paints, brushes and water bowls.
- Mixed media will **NOT** be permitted.
- Additional materials such as 3D items, add-on patches, marble paper or any other decorative items will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

1.3

MODELVERSE

3D MODEL MAKING








| | | | |
|------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------|-------------|
|  | Sat, 23 rd August |  | 22 Teams |
|  | 09:00 am |  | 2 |
|  | Full Day |  | STD. 6 - 12 |
|  E - 47 (4 th Floor) | | | |

- Participants will be required to create a **3D model**.
- The theme for this event is **FANTASY CITY**.
- Participants will **ONLY** be provided with **1 5mm Sunboard of 2ft x 2ft base**.
- Participants **WILL** be provided with materials on the day of the event itself.
- Participants **MUST** carry acrylic paints, brushes, water bowls, scissors, fevicol, battery operated fairy lights and any other material they may require.
- Mixed media **WILL** be permitted.
- Additional materials such as 3D items, add-on patches, marble paper or any other decorative items will **NOT** be permitted.
- The use of glue gun, spray paint, loose glitter, and ready-made structures will **NOT** be permitted.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews
- Further details will be disclosed on the day of the event itself.

1.4

STYLED STROKES

FASHION PORTFOLIO








| | | | |
|--------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------|-------------|
|  | Sat, 23 rd August |  | None |
|  | 10:00 am |  | 1 |
|  | 3 hours |  | STD. 1 - 12 |
|  Art Room (4 th Floor) | | | |

- Participants will be required to create a **fashion portfolio** based on a theme disclosed on the day of the event.
- Participants will **ONLY** be provided with **4 A4 size cartridge sheets**.
- Participants **MUST** carry **ONLY** colour pencils and sketching pencils.
- Mixed media will **NOT** be permitted.
- Additional materials such as 3D items, add-on patches, marble paper or any other decorative items will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

1.5

MONOCHROME MOMENTS

2D CHARCOAL COMPOSITION








| | |
|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  11:00 am |  1 |
|  3 hours |  STD. 1 - 12 |
|  Art Room (4 th Floor) | |

- Participants will be required to create a **2D composition** based on a theme disclosed on the day of the event.
- Participants will **ONLY** be provided with **1 A3 size cartridge sheet**.
- Participants **WILL** be permitted to use HB pencils, charcoal pencils, willow charcoal sticks, blenders or any other materials they may require.
- Mixed media will **NOT** be permitted.
- Additional materials such as 3D items, add-on patches, marble paper or any other decorative items will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

1.6

CHARACTER SKETCH

SKETCHING








| | |
|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  12:00 pm |  1 |
|  2 hours |  STD. 1 - 12 |
|  Art Room (4 th Floor) | |

- Participants will be required to create a **2D composition** based on a theme disclosed on the day of the event.
- Participants will **ONLY** be provided with **1 A3 size cartridge sheet**.
- Participants **WILL** be required to carry colour pencils, crayons, poster paints, water bowls and brushes.
- Mixed media **WILL** be permitted.
- Additional materials such as 3D items, add-on patches, marble paper or any other decorative items will **NOT** be permitted.

1.7

OFF THE WALL

GRAFFITI








| | |
|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  09:00 am |  3 |
|  Full Day |  STD. 1 - 12 |
|  E - 49 (4 th Floor) | |

- Participants are required to create a **graffiti art** based on a theme of their choice.
- Participants will **ONLY** be provided **1 soft board (3.9 ft x 3.9 ft)** with a white background.
- Mixed media **WILL** be permitted.
- Additional materials such as 3D items, add-on patches, marble paper or any other decorative items will **NOT** be permitted.
- The use of glue gun, spray paint, loose glitter, and ready-made structures will **NOT** be permitted.
- This is a **FULL DAY** event, participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.

1.8

THE HIDDEN CANVAS

PAINTING

| | | | |
|------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------|-------------|
|  | Sun, 24 th August |  | None |
|  | 10:00 am |  | 1 |
|  | 3 hours |  | STD. 1 - 12 |
|  E - 49 (4 th Floor) | | | |

- Participants will be required to create a **2D composition** based on a theme disclosed on the day of the event.
- Participants will **ONLY** be provided with **1 A3 size cartridge sheet**.
- Participants **MUST** carry brushes and water bowls.
- Mixed media will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

1.9

HALF & HALF

QUILLING & SKETCHING

Sun, 24th August

None



12:00 pm



1



3 hours



STD. 1 - 12








Art Room (4th Floor)

- Participants will be required to create a composition that combines quilling and sketching.
- The theme for this event is **NATURE**.
- Participants will **ONLY** be provided with **1 A3 size cartridge sheet**.
- Participants **MUST** carry quilling strips, sketching pencils, adhesives or any other essential materials.
- The use of **electronic devices** will **NOT** be permitted.
- Additional materials such as add-on patches, 3D items, marble paper or any other decorative materials will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

1.10

THE DOT COLLECTIVE

DOT PAINTING

| | |
|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  12:00 pm |  1 |
|  2 hours |  STD. 1 - 12 |
|  Art Room (4 th Floor) | |

- Participants are required to create a **dot painting** based on a theme disclosed on the day of the event.
- Participants will **ONLY** be provided with **1 A3 size cartridge sheet**.
- Participants **MUST** carry acrylic paints, water bowls, brushes and dot painting tools.
- Mixed media will **NOT** be permitted.
- Additional materials such as 3D items, add-on patches, marble paper or any other decorative items will **NOT** be permitted.

1.11

FOLK FUSION

INDIAN FOLK ART

Sun, 24th August

None



12:00 pm



2



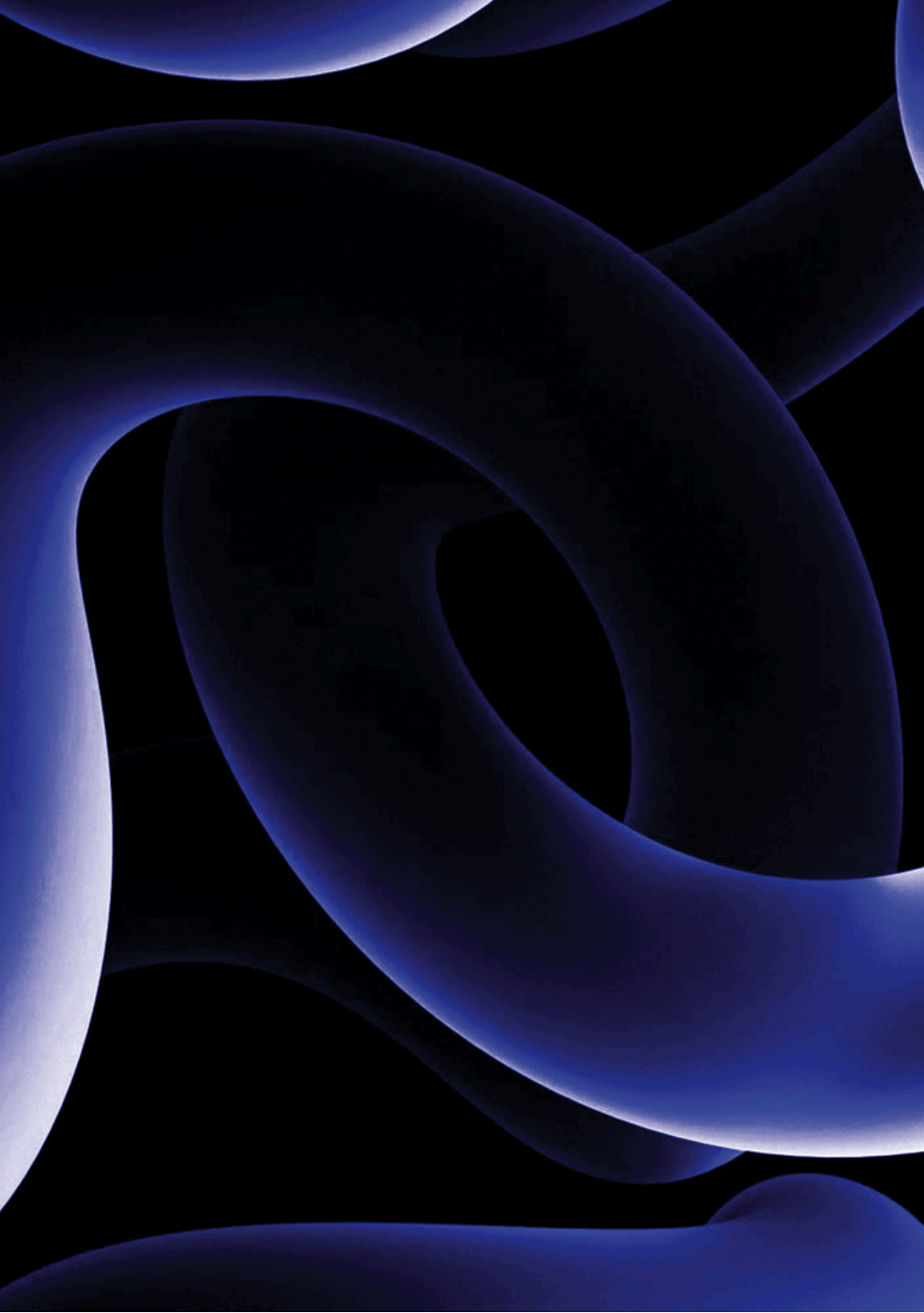
2 hours



STD. 4 - 12

Art Room (4th Floor)

- Participants will be required to create an **Indian Folk Art piece**.
- Participants **WILL** be permitted to choose any Indian Folk Art form of their choice.
- Participants will **ONLY** be provided with **2 A4 size cartridge sheets**.
- Participants **MUST** carry water-colours, acrylic paints and any other material they may require.
- Mixed media **WILL** be permitted.
- Additional materials such as 3D items, add-on patches, marble paper or any other decorative items will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.







LITERARY ARTS

SHREEYA TANK








Event Co-ordinator

+91 89285 05257

2.1

CLASH & CONQUER

ENGLISH DEBATE

| | | | |
|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|-----------------------------------------------------------------------------------|-------------|
|  | 23 rd & 24 th August |  | None |
|  | 09:00 am |  | 2 |
|  | 2 Days |  | STD. 9 - 12 |
|  IB Foyer, East Wing (6 th Floor) | | | |

- The dress code for this event is **western formal**.
- This event has multiple rounds and there will be eliminations after each round.
- Participants **MUST** carry at least **1** Laptop and **1** Internet Dongle.
- The use of explicit language and/or offensive remarks will **NOT** be permitted.
- This is a **2-DAY EVENT** and participants taking part in this event will **NOT** be permitted to take part in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details about the subsequent rounds will be disclosed on the day of the event itself.

Round 1 will be in the 'One For and One Against' format.

ROUND 1

TOPIC: "The morality of an action lies more in its intention than in its outcome."

Format for Round 1 is as follows:

A. Team Composition

- One participant shall propose the given topic while the other shall oppose it.

B. Speaking Order

- Each speaker from each team shall first deliver a primary speech and then respond to the rebuttal.
- Each speaker shall speak **ONLY ONCE**.
- Rebuttal questions shall be in the form of short and precise questions raised by opposing team's members based **ONLY** on the content brought up by the speakers during their primary speech.
- Each speaker will only be permitted to speak during his/her allocated Time slot. They cannot speak in the Time allotted to their partner.

C. Speaking Time

- The speaking Time for each speaker is **1½ minutes**. A warning bell shall be sounded at the end of **1 minute** and a final double bell at the end of **1½ minutes**, following which the speaker must conclude.
- Rebuttal Time per speaker is **2 minutes**.








D. General Rule of Round 1

- Participants will be judged as a team. Additionally, individual speaker awards will be given for this round. For example: Combined scores of Participant 1 & Participant 2 of Contingent X shall be considered for qualification to the next round. No additional preparation Time shall be given on the day of the event for Round 1.

2.2

BOL BACHCHAN

HINDI ELOCUTION








| | |
|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  09:00 am |  1 |
|  3 hours |  STD. 1 - 12 |
|  Convention Centre (5 th Floor) | |

- Performance Time: **2 - 3 minutes**
- Participants will be required to speak on any **1 Topic** from the list given below:
 1. **Pehele kya aaya, murgi ya aanda?**
 2. **Har museebat ka ilaaj - ek cup chai.**
 3. **Zindagi ek safar hai, aur main hamesha late hoon.**
 4. **Mummy ke haath ka khana ya Zomato ka 30 minute ka drama?**
 5. **Sapne bade the, lekin alarm jaldi baj gaya.**
- The performance **MUST** be **COMEDIC** in nature.
- The performance must be in **HINDI** only. However, occasional references to other languages will be permitted.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.

2.3

WORD-QUAKE

SLAM POETRY








| | |
|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  10:00 am |  1 |
|  3 hours |  STD. 1 - 12 |
|  DICE Lab (4 th Floor) | |

- Participants will be required to write and recite **1 Original Poem** based on a theme disclosed on the day of the event itself.
- Participants will be tested on their writing and recital skills.
- The written poem **MUST** be in **ENGLISH** only. However, occasional references to other languages will be permitted.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

2.4

CAS-PLAY

ENGLISH ELOCUTION

| | |
|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  12:00 pm |  1 |
|  3 hours |  STD. 1 - 12 |
|  Convention Centre (5 th Floor) | |

- Performance Time: **2 - 3 minutes**
- Participants **MUST** select **2** names from the given list of characters to create a third character.
- Participants **MUST** deliver a speech as the third character created by them.
- Participants **MUST** be well-versed with the speech patterns and mannerisms of their chosen character.
- Hired costumes may be used, however, they must **NOT** be offensive. Marks **WILL** be allotted for the same.
- The performance **MUST** be in **ENGLISH** only. However, occasional references to other languages will be permitted.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.
- The use of background props will **NOT** be permitted. However, the use of props in the performance **WILL** be permitted. There is no restriction on the number of props that can be used.
- Props that damage the stage or hamper the next performance will **NOT** be permitted.

- The list of characters is as follows :
 1. Ariana Grande (Musician)
 2. Batman (Batman Series)
 3. Bharti Singh (Comedian)
 4. Chandler Bing (Friends)
 5. Daya Ben (Taarak Mehta Ka Ooltah Chashmah)
 6. Gopi Bahu (Saath Nibhaana Saathiya)
 7. Gru (Despicable Me)
 8. Harley Quinn (Suicide Squad)
 9. Harvey Specter (Suits)
 10. James Charles (YouTuber)
 11. Jojo Siwa (Media Personality)
 12. Maya Sarabhai (Sarabhai vs Sarabhai)
 13. Professor Snape (Harry Potter)
 14. Rosa Diaz (Brooklyn Nine-Nine)
 15. Sheldon Cooper (Young Sheldon)
 16. Tanmay Bhat (Comedian)
 17. Thanos (The Avengers Series)
 18. Tony Stark (Iron Man)
 19. Wednesday Addams (The Addams Family)
 20. Willy Wonka (Charlie and the Chocolate Factory)

2.5

KALAM KA KAMAAL

HINDI CREATIVE WRITING

Sat, 23rd August

None



01:00 pm



1



2 hours



STD. 1 - 12






IB Foyer, East Wing (6th Floor)

- Participants will be required to write a **creative piece** based on a theme disclosed on the day of the event.
- The written piece **MUST** be in **HINDI** only. However, occasional references to other languages will be permitted.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

2.6

ONCE UPON A SCREEN

ENGLISH CREATIVE WRITING








| | |
|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  02:00 pm |  1 |
|  2 hours |  STD. 1 - 12 |
|  IB Foyer, East Wing (6 th Floor) | |

- Participants will be required to write a **creative piece** based on a theme disclosed on the day of the event.
- The written piece **MUST** be in **ENGLISH** only. However, occasional references to other languages will be permitted.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

2.7

CAS-MUN

MODEL UNITED NATIONS

| | |
|--------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  30 Teams |
|  09:00 am |  1 |
|  Full Day |  STD. 9 - 12 |
|  DICE Lab (4 th Floor) | |

- The dress code for the event is **western formal**.
- Participants **MUST** carry **1** Laptop and **1** Internet Dongle.
- The use any of explicit language and/or offensive remarks will **NOT** be permitted.
- Participants will be required to defend a nation and their actions. This will be followed by debate.
- Participants will be tested on how well they represent their chosen nation as well as how accurately they debate their opponents.
- The facts based on the nation's history cannot be distorted.
- The study guide will be provided via email.
- Participants **MUST** email us **3 names** from the given list of nations, in order or preference. They will be allotted any **1** personality, subject to availability.
- Selection of the nation will open on **Tuesday, 5th August, 2025** at **12:00 pm** via **communications@jnaacascade.com**. Further details for the same will be shared upon confirmation of registration.
- This is a **FULL DAY** event; and participants taking part in this event will **NOT** be permitted to take part in any other event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

Committee : United Nations Human Rights Council

Agenda : Protecting Freedom of Expression Against Digital Authoritarianism and the Weaponization of Information Across Borders








- The list of nations are as follows:

- | | |
|--------------|-----------------------------|
| 1.Argentina | 23.Netherlands |
| 2.Australia | 24.New Zealand |
| 3.Azerbaijan | 25.Nigeria |
| 4.Bangladesh | 26.North Korea |
| 5.Belarus | 27.Pakistan |
| 6.Brazil | 28.Philippines |
| 7.Canada | 29.Poland |
| 8.China | 30.Russia |
| 9.Cuba | 31.Saudi Arabia |
| 10.Egypt | 32.Singapore |
| 11.Ethiopia | 33.South Africa |
| 12.France | 34.South Korea |
| 13.Germany | 35.Sweden |
| 14.Hungary | 36.Thailand |
| 15.India | 37.Tunisia |
| 16.Indonesia | 38.Turkey |
| 17.Iran | 39.Ukraine |
| 18.Israel | 40.United Arab Emirates |
| 19.Japan | 41.United Kingdom |
| 20.Kenya | 42.United States Of America |
| 21.Mexico | 43.Venezuela |
| 22.Myanmar | 44.Vietnam |

2.8

QUILL THRILL

LITERARY QUIZ








| | |
|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  09:00 am |  2 |
|  Full Day |  STD. 9 – 12 |
|  IB Foyer, East Wing (6 th Floor) | |

- Participants will be tested on their proficiency in English language including word meanings, grammar, synonyms, antonyms, anagrams, idioms, proverbs etc.
- The latest edition of the **Oxford English Dictionary** will be the final authority for all words, spellings, and definitions.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

2.9

HEADLINE HUSTLE

JOURNALISM & REPORTING








| | |
|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  10:00 am |  1 |
|  3 hours |  STD. 9 - 12 |
|  IB Foyer, East Wing (6 th Floor) | |

- Participants will be required to write an **opinionated piece** based on the facts provided on the day of the event.
- Participants will be tested on their writing and reporting skills.
- The written piece **MUST** be in **ENGLISH** only. However, occasional references to other languages will be permitted.
- The use of explicit language and/or offensive remarks will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

2.10

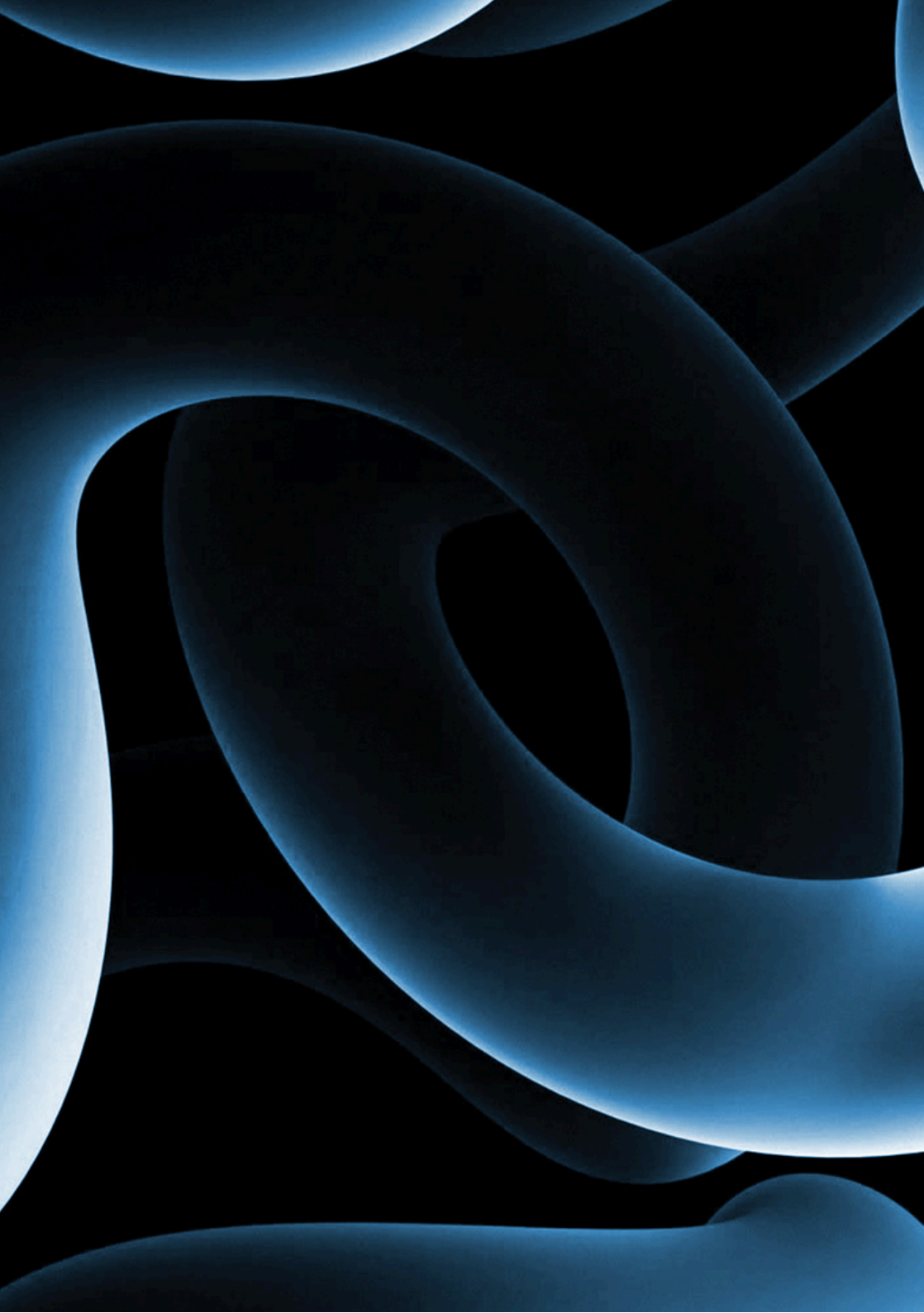
PASS THE PLOT

WRITING RELAY

| | |
|-------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  11:00 am |  3 |
|  2 hours |  STD. 1 - 12 |
|  IB Foyer, East Wing (6 th Floor) | |

- Participants will be required to write a **creative piece** based on a theme disclosed on the day of the event.
- The written piece **MUST** be in **ENGLISH** only. However, occasional references to other languages will be permitted.
- The use of any explicit languages and/or offensive remarks will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.







PERFORMING ARTS

KASHVI RUPARELIA

Event Co-ordinator

+91 98925 38999

3.1

HALLA BOL

STREET PLAY

Sat, 23rd August

20 Teams



09:00 am



8 - 14



2.5 hours



STD. 1 - 12

Amphitheatre (6th Floor)

- Performance Time: **3 - 4 minutes**
- Participants will be required to perform a street play based on a theme of their choice.
- The performance **MUST** be in **HINDI** only. However, occasional references to other languages **WILL** be permitted.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.
- The use of background props will **NOT** be permitted. However, the use of props in the performance **WILL** be permitted. There is no restriction on the number of props that can be used in the performance.
- Props that damage the stage or hamper the next performance will **NOT** be permitted.

3.2

CAS CHORDS

BAND EVENT

Sat, 23rd August

15 Teams



11:30 am



4 - 8



3 hours



STD. 1 - 12

Main Auditorium (4th Floor)

- Performance Time: **3 - 4 minutes**
- An additional set-up time of **2 minutes** will be provided.
- Participants **MUST** perform a **medley of songs** on the given theme.
- The theme for this event is **RETRO**.
- Participants **MUST** carry their own instruments. **ONLY** a standard 5-piece drum kit will be provided.
- There is no restriction on the number or kind of instruments that can be used.
- The use of offensive or explicit lyrics will **NOT** be permitted.
- Music in the pre-recorded format will **NOT** be permitted.

3.3

BLOCKBUSTER

BOLLYWOOD DANCE

Sat, 23rd August

20 Teams



02:30 pm



8 - 16



2 hours



STD. 1 - 12








Main Auditorium (4th Floor)

- Performance Time: **3 - 4 minutes**
- Participants will be required to depict **1 story** through their performance.
- The participants are required to perform on **Bollywood songs ONLY**.
- There is no restriction on the number of songs that can be used.
- The use of offensive and/or explicit lyrics will **NOT** be permitted.
- The use of background props will **NOT** be permitted. However, the use of props in the performance **WILL** be permitted. There is no restriction on the number of props that can be used.
- Props that damage the stage or hamper the next performance will **NOT** be permitted.
- Hired costumes may be used, however, they must **NOT** be offensive. Marks **WILL** be allotted for the same.
- Music **ONLY** in the pre-recorded format will be permitted; live music will **NOT** be permitted.
- Participants **MUST** carry **2** pen drives with an MP3 file of the soundtrack.

3.4

KALEIDOSCOPE

ACOUSTIC BAND








| | |
|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  20 Teams |
|  04:00 pm |  4 - 7 |
|  2 hours |  STD. 1 - 12 |
|  Amphitheatre (6 th Floor) | |

- Performance Time: **3 - 4 minutes**
- An additional set-up Time of **1 minute** will be provided.
- Participants will be required to perform a **medley of songs**.
- Each team **MUST** comprise at least **2 vocalists** and at least **1 instrumentalist**.
- Participants will be permitted to use acoustic instruments **ONLY**.
- The use of electronic instruments will **NOT** be permitted.
- There is no restriction on the number of songs or instruments that can be used.
- The use of offensive or explicit lyrics will **NOT** be permitted.
- Music in the pre-recorded format will **NOT** be permitted.

3.5

TALAASH

ACTOR HUNT








| | |
|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  09:00 am |  1 |
|  Full Day |  STD. 1 - 12 |
|  E - 39 (3 rd Floor) | |

- Participants will be tested on their acting abilities.
- Participants **MUST** wear a **BLACK** T-shirt for this event.
- For Round 1, the participants **WILL** be required to prepare a monologue of **1 - 2 minutes**.
- The performance **MUST** be in **ENGLISH** and/or **HINDI** only. However, occasional references to other languages will be permitted.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.
- The use of props will **NOT** be permitted.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details and rounds will be disclosed on the day of the event itself.

3.6

BOLLY-VERSE

BOLLYWOOD QUIZ

| | |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  09:00 am |  2 |
|  Full Day |  STD. 1 - 12 |
|  JNIS Foyer (6 th Floor) | |

- Participants **MUST** be well-versed in Bollywood movies and music including songs, dialogues, lyrics, picturization, directors, composers, hook steps, etc.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

3.7

CROSS-CULTURAL

FUSION DANCE

Sun, 24th August

None



09:00 am



6 - 8



3 hours



STD. 1 - 12








Amphitheatre (6th Floor)

- Performance Time: **3 - 4 minutes**
- Participants will be required to perform a choreography that includes an **Indian dance form** and an **International dance form**.
- There is no restriction on the kind or number of songs that can be used.
- The use of offensive or explicit lyrics will **NOT** be permitted.
- The use of background props will **NOT** be permitted. However, the use of props in the performance **WILL** be permitted. There is no restriction on the number of props that can be used.
- Props that damage the stage or hamper the next performance will **NOT** be permitted.
- Hired costumes may be used, however, they must **NOT** be offensive. Marks **WILL** be allotted for the same.
- Music **ONLY** in the pre-recorded format will be permitted; live music will **NOT** be permitted.
- Participants **MUST** carry **2** pen drives with an MP3 file of the soundtrack.

3.8

MIC CHECK

AUDIO NARRATION

| | |
|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  12:00 pm |  3 - 5 |
|  3 hours |  STD. 1 - 12 |
|  Convention Centre (5 th Floor) | |

- Performance Time: **3 - 4 minutes**
- Participants are expected to narrate a story based on a theme of their choice, in a dark room.
- Participants **MUST** narrate the story using a voice over or audio effects **ONLY**.
- The narration **MUST** be in **ENGLISH** and/or **HINDI**. However, occasional references to other languages **WILL** be permitted.
- Sound effects with the help of props and instruments **WILL** be permitted. Marks **WILL** be allotted for the same.
- Music in the pre-recorded format will **NOT** be permitted.

3.9

BRING IT ON

STREET DANCE

Sun, 24th August

20 Teams



12:00 pm



8 - 10



3 hours



STD. 1 - 12

Main Auditorium (4th Floor)

- This event consists of **3 rounds** and there will be an elimination after each round.
- Participants **MUST** come prepared for **all 3 rounds** as no preparation Time will be given on the day of the event.
- Details of the rounds are as follows:

Round 1:

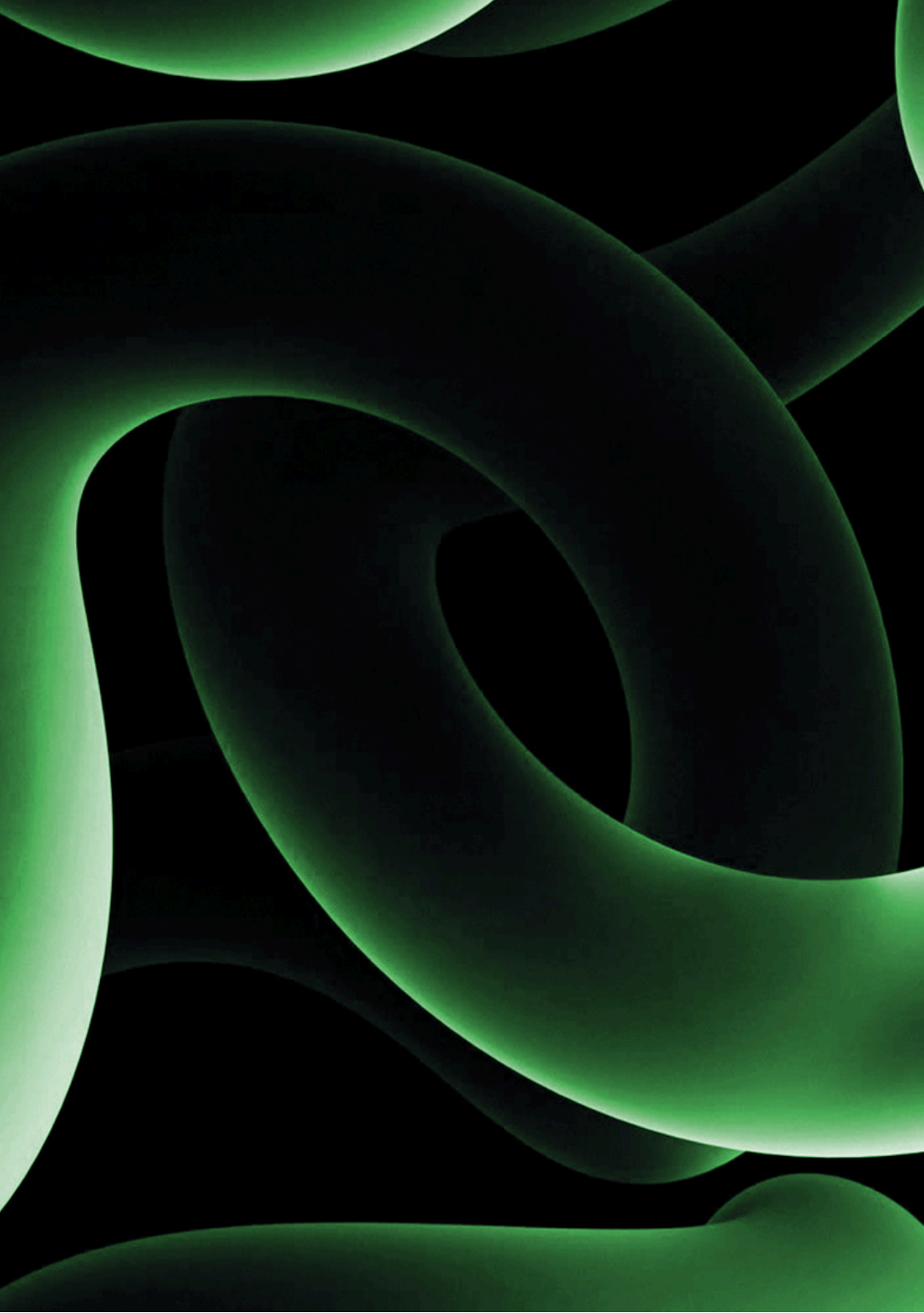
1. This round will be a **Group Dance Battle**.
2. Performance Time: **3 – 4 minutes**
3. Participants will be required to perform a **360 Degree Routine**.
4. There is no restriction on the kind of music or the number of songs that can be used.
5. The use of offensive or explicit lyrics will **NOT** be permitted.
6. Music **ONLY** in the pre-recorded format will be permitted; live music will **NOT** be permitted.
7. Participants **MUST** carry **2** pen drives with an MP3 file of the soundtrack.

Round 2:

1. This round will be a **Face-Off**.
2. Further details will be disclosed on the day of the event itself.

Round 3:

1. This round will be a **Solo Dance Battle**.
2. Further details will be disclosed on the day of the event itself.



CASKIDS

NAISHA MODI

Event Co-ordinator

+91 99207 87836

KAAYA BOHRA

Event Co-ordinator

+91 96191 32790

4.1

SNOOP SQUAD

MYSTERY SOLVING & OBSTACLE COURSE

Sat, 23rd August

None



09:00 am



5



Full Day



STD. 5 - 7








W - 39 (3rd Floor)

- Participants will be required to perform a series of mental and physical tasks.
- Participants **MUST** be dressed in sports gear **ONLY**.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event.
- Further details will be disclosed on the day of the event itself.

4.2

GOALAZO!

MINI FOOTBALL








| | |
|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  09:00 am |  4 |
|  Full Day |  STD. 5 - 7 |
|  W - 57 (5 th Floor) | |

- Participants **MUST** be dressed in sports gear **ONLY**.
- Each team **MUST** include **2 BOYS** and **2 GIRLS**.
- Participants **MUST** carry **1 RED** T-shirt and **1 BLUE** T-shirt.
- **ONLY** non-marking flat soles will be permitted.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event.
- Further details will be disclosed on the day of the event itself.

4.3

LITTLE PAIR-FORMERS

PARTNER DANCE








| | |
|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  20 Teams |
|  09:00 am |  16 - 20 |
|  2 hours |  STD. 1 - 7 |
|  Main Auditorium (4 th Floor) | |

- Performance Time: **3 – 4 minutes**
- The participants will be permitted to choose **ANY** partner dance form.
- There is no restriction on the kind of music or the number of songs that can be used.
- The use of offensive or explicit lyrics will **NOT** be permitted.
- Hired costumes may be used, however, they must **NOT** be offensive. Marks **WILL** be allotted for the same.
- The use of background props will **NOT** be permitted. However, the use of props in the performance **WILL** be permitted. There is no restriction on the number of props that can be used.
- Props that damage the stage or hamper the next performance will **NOT** be permitted.
- Music **ONLY** in the pre-recorded format will be permitted; live music will **NOT** be permitted.
- Participants **MUST** carry **2** pen drives with an MP3 file of the soundtrack.

4.4

YAADON KI BARAAT

SINGING EVENT








| | |
|------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  25 Teams |
|  11:30 am |  12 - 16 |
|  3 hours |  STD. 1 - 7 |
|  Amphitheatre (6 th Floor) | |

- Performance Time: **3 - 4 minutes**
- The theme for this event is **PASSAGE OF TIME**.
- The performance **MUST** be in **HINDI** only. However, occasional references to other languages **WILL** be permitted.
- There is no restriction on the number of songs that can be performed.
- The use of offensive or explicit lyrics will **NOT** be permitted.
- Live instruments will **NOT** be permitted. Pre-recorded music **ONLY** in the form of a minus-one track **WILL** be permitted.
- Participants **MUST** carry **2** pen drives with an MP3 file of the soundtrack.

4.5

ART ATTACK

ART RELAY








| | |
|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  02:00 pm |  3 |
|  2 hours |  STD. 5 - 7 |
|  E - 39 (3 rd Floor) | |

- Participants will be required to create an artwork in a relay format based on a theme disclosed on the day of the event.
- Participants will be provided with **1 A3 sized cartridge sheet**.
- Participants **MUST** carry poster paints, colour pencils, markers and crayons.
- Mixed media **WILL** be permitted.
- Additional material such as 3D items, add-on patches, spray paints, oil paints, marble paper or any other decorative materials will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

4.6

JODI NO.1

DUO DRAMA








| | |
|------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  02:00 pm |  2 |
|  2 hours |  STD. 1 - 7 |
|  Amphitheatre (6 th Floor) | |

- Performance Time: **2 - 3 minutes**
- The participants will be required to perform a skit based on **1 ICONIC BOLLYWOOD DUO**.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.
- Hired costumes may be used, however, they must **NOT** be offensive. Marks **WILL** be allotted for the same.
- The use of background props will **NOT** be permitted. However, the use of props in the performance **WILL** be permitted. There is no restriction on the number of props that can be used.
- Props that damage the stage or hamper the next performance will **NOT** be permitted.
- Music **ONLY** in the pre-recorded format will be permitted; live music will **NOT** be permitted.
- Participants **MUST** carry **2** pen drives with an MP3 file of the soundtrack.

4.7

LIGHTS, CAMERA, LEGEND!

DANCE & CHOIR SINGING








| | |
|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  20 Teams |
|  09:00 am |  30 - 40 |
|  3 hours |  STD. 1 - 7 |
|  Main Auditorium (4 th Floor) | |

- Performance Time: **3 - 4 minutes**
- The theme for this event is **A TRIBUTE TO 1 ARTISTE (Actor, Dancer, Singer, Musician and Composer)**.
- Participants **MUST** dance to a live choir.
- Each team must comprise at least **15 vocalists** and **15 dancers**.
- Hired costumes may be used, however, they must **NOT** be offensive. Marks **WILL** be allotted for the same.
- There is no restriction on the number of songs that can be used.
- The use of offensive or explicit lyrics will **NOT** be permitted.
- The use of background props will **NOT** be permitted. However, the use of props in the performance **WILL** be permitted. There is no restriction on the number of props that can be used.
- Props that damage the stage or hamper the next performance will **NOT** be permitted.
- Live instruments will **NOT** be permitted. Pre-recorded music **ONLY** in the form of a minus-one track **WILL** be permitted.
- Participants **MUST** carry **2** pen drives with an MP3 file of the soundtrack.

4.8

PAIR-O-METER

COMPATIBILITY TEST








| | |
|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  09:00 am |  2 |
|  Full Day |  STD. 5 - 7 |
|  W - 39 (3 rd Floor) | |

- Participants will be required to perform a series of mental and physical tasks.
- Participants will be required to know each other thoroughly and co-ordinate and perform tasks as a team.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event.
- Further details will be disclosed on the day of the event itself.

4.9

HISTORY COMES ALIVE

FANCY DRESS & ELOCUTION








| | | | |
|------------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------|------------|
|  | Sun, 24 th August |  | None |
|  | 11:30 am |  | 1 |
|  | 2 hours |  | STD. 1 - 4 |
|  Amphitheatre (6 th Floor) | | | |

- Performance Time: **1 - 2 minutes**
- Participants will be required to come dressed as **1 HISTORIC FIGURE**.
- Participants will be required to speak as the character they have dressed up as.
- The speech **MUST** be in **ENGLISH** and/or **HINDI**. However, occasional references to other languages will be permitted.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.
- Hired costumes may be used, however, they must **NOT** be offensive. Marks **WILL** be allotted for the same.
- The use of background props will **NOT** be permitted. However, the use of props in the performance **WILL** be permitted. There is no restriction on the number of props that can be used.
- Props that damage the stage or hamper the next performance will **NOT** be permitted.

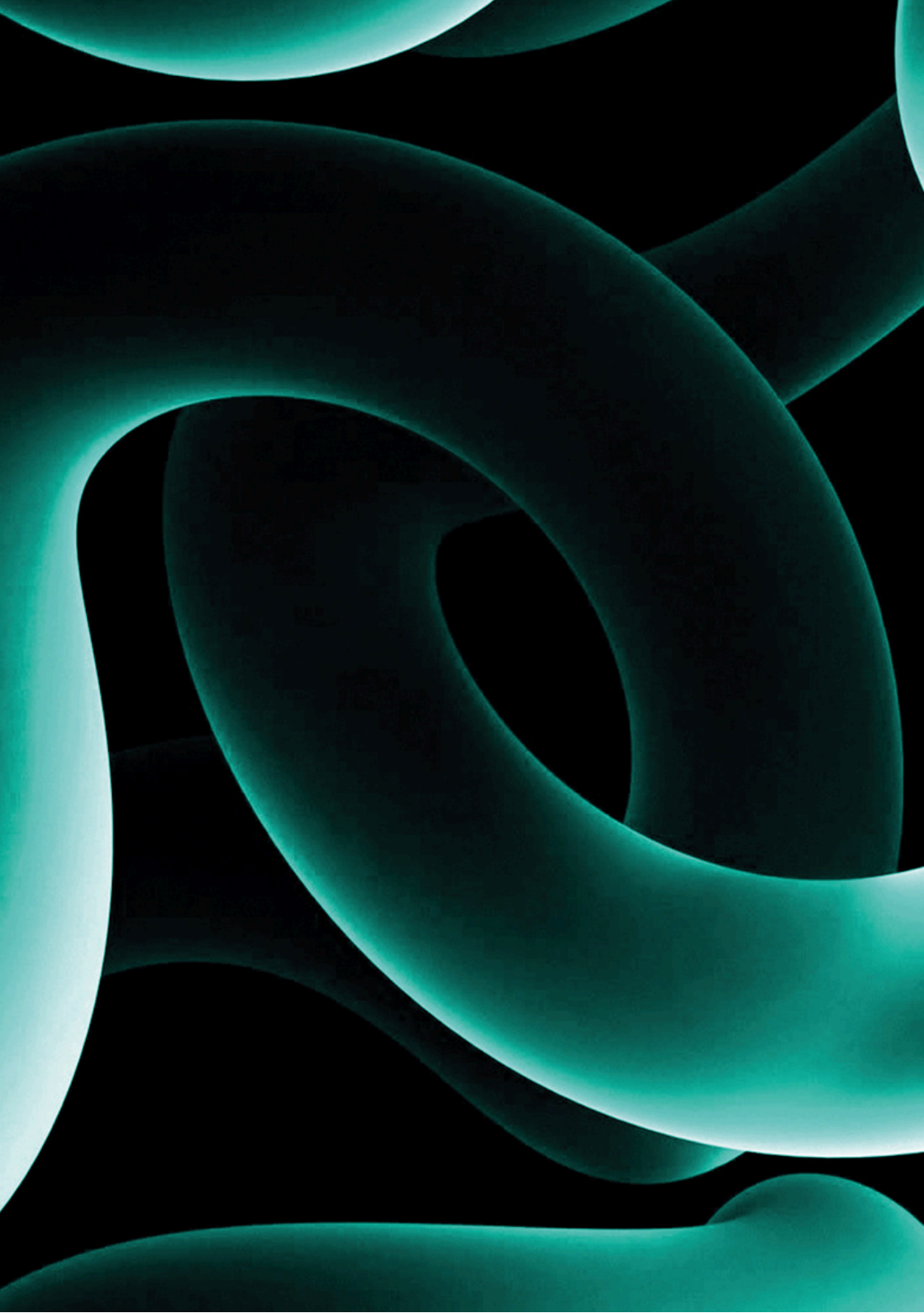
4.10

ROLL-A-COASTER

ART & CRAFT

| | |
|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  12:00 pm |  1 |
|  2 hours |  STD. 1 - 4 |
|  E - 47 (4 th Floor) | |

- Participants will be required to paint on **4 coasters** that will be provided to them.
- The theme of this event is **SEASONS OF THE YEAR**.
- Participants **MUST** carry poster paints, brushes, water bowls, cloth, pencil, eraser and Fevicol.
- Mixed media will **NOT** be permitted.
- Additional material such as 3D items, add-on patches, spray paints, oil paints, marble paper or any other decorative materials will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.



INFORMALS

KRISHI JOSHI

Event Co-ordinator

+91 81040 34850

ARNAV BHANUSHALI

Event Co-ordinator

+91 81080 56403

5.1

KICK OFF

EAFC 25

23rd & 24th August

32 Teams



09:00 am



2



2 days



STD. 8 - 12

JNIS Foyer (3rd Floor)

- Participants will be playing **EAFC 25** on **PLAYSTATION 5**.
- Participants **WILL** be provided with controllers.
- This is a **2-DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

5.2

VICTORY ROYALE

FORTNITE

Sat, 23rd August

32 Teams



09:00 am



2



Full Day



STD. 8 - 12

JNIS Foyer (3rd Floor)

- Participants will be playing **FORTNITE** on **PLAYSTATION 5**.
- Participants **WILL** be provided with controllers.
- Participants **MUST** carry wired headphones/earphones with a standard **3.5 mm audio jack**.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.

5.3

HOWZAT!

BOX CRICKET

23rd & 24th August

32 Teams



09:00 am



6



2 Days



STD. 8 - 12










JNIS Outdoor Court

- Participants will be required to play box cricket.
- Player Distribution: **5 on field + 1 substitute**
- Participants **MUST** be dressed in sports gear **ONLY**.
- Participants **MUST** carry **1 RED** T-shirt and **1 BLUE** T-shirt.
- **ONLY** non-marking flat soles will be permitted.
- Participants **MUST** carry their own **CRICKET BATS**; synthetic and hollow bats will **NOT** be permitted.
- This is a **2-DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

5.4

THE LOST EXPEDITION

TREASURE HUNT

| | |
|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  09:00 am |  2 |
|  Full Day |  STD. 8 - 12 |
|  Centre Foyer (1 st Floor) | |

- Participants will be required to perform a series of mental and physical tasks.
- Participants **MUST** be dressed in sports gear **ONLY**.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.

5.5

GAME-A-THON

MINI GAMES

Sat, 23rd August

None



10:00 am



2



Full Day



STD. 8 - 12








Centre Foyer (1st Floor)

- Participants will be required to play a combination of mini games.
- Participants **MUST** be dressed in sports gear **ONLY**.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.

5.6

THE LONG CON

AMONG US








| | | | |
|------------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------|-------------|
|  | Sun, 24 th August |  | 32 Teams |
|  | 09:00 am |  | 2 |
|  | Full Day |  | STD. 8 - 12 |
|  Centre Foyer (1 st Floor) | | | |

- Participants will be required to perform a series of mental and physical tasks.
- Participants **MUST** wear a **BLACK** T-shirt and a pair of **BLACK** pants for this event.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

5.7

HALL OF MARVELS

MARVEL QUIZ

| | |
|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  09:00 am |  2 |
|  Full Day |  STD. 8 - 12 |
|  W - 78 (6 th Floor) | |

- Participants **MUST** be well versed with the given list of movies and shows of the **Marvel Cinematic Universe**.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

The list is as follows:

MOVIES

1. Ant-Man
2. Ant-Man and The Wasp
3. Ant-Man and the Wasp: Quantumania
4. Avengers: Age of Ultron
5. Avengers: Endgame
6. Avengers: Infinity War
7. Black Panther
8. Black Panther: Wakanda Forever
9. Black Widow
10. Captain America: Civil War

11. Captain America: The First Avenger
12. Captain America: The Winter Soldier
13. Captain America: Brave New World
14. Captain Marvel
15. Doctor Strange
16. Doctor Strange in the Multiverse of Madness
17. Eternals
18. Guardians of the Galaxy
19. Guardians of the Galaxy Vol. 2
20. Guardians of the Galaxy Vol. 3
21. Iron Man
22. Iron Man 2
23. Iron Man 3
24. Shang-Chi and the Legend of the Ten Rings
25. Spider-Man: Far From Home
26. Spider-Man: Homecoming
27. Spider-Man: No Way Home
28. The Avengers
29. The Incredible Hulk
30. The Marvels
31. Thor
32. Thor: Love and Thunder
33. Thor: Ragnarok
34. Thor: The Dark World

SHOWS

1. Echo
2. Hawkeye
3. Loki
4. Moon Knight
5. Ms. Marvel
6. Secret Invasion
7. She-Hulk: Attorney at Law
8. The Falcon and The Winter Soldier
9. Wandavision

5.8

FUSION CONFUSION

MULTI-SPORT

Sun, 24th August

32 Teams



09:00 am



11



Full Day



STD. 8 - 12










Multipurpose Outdoor Court

- Participants will be required to play a combination of multiple sports with a twist.
- Player Distribution: **9 on field + 2 substitutes**
- Participants **MUST** be dressed in sports gear **ONLY**.
- Participants **MUST** carry **1 RED** T-shirt and **1 BLUE** T-shirt.
- **ONLY** non-marking flat soles will be permitted.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

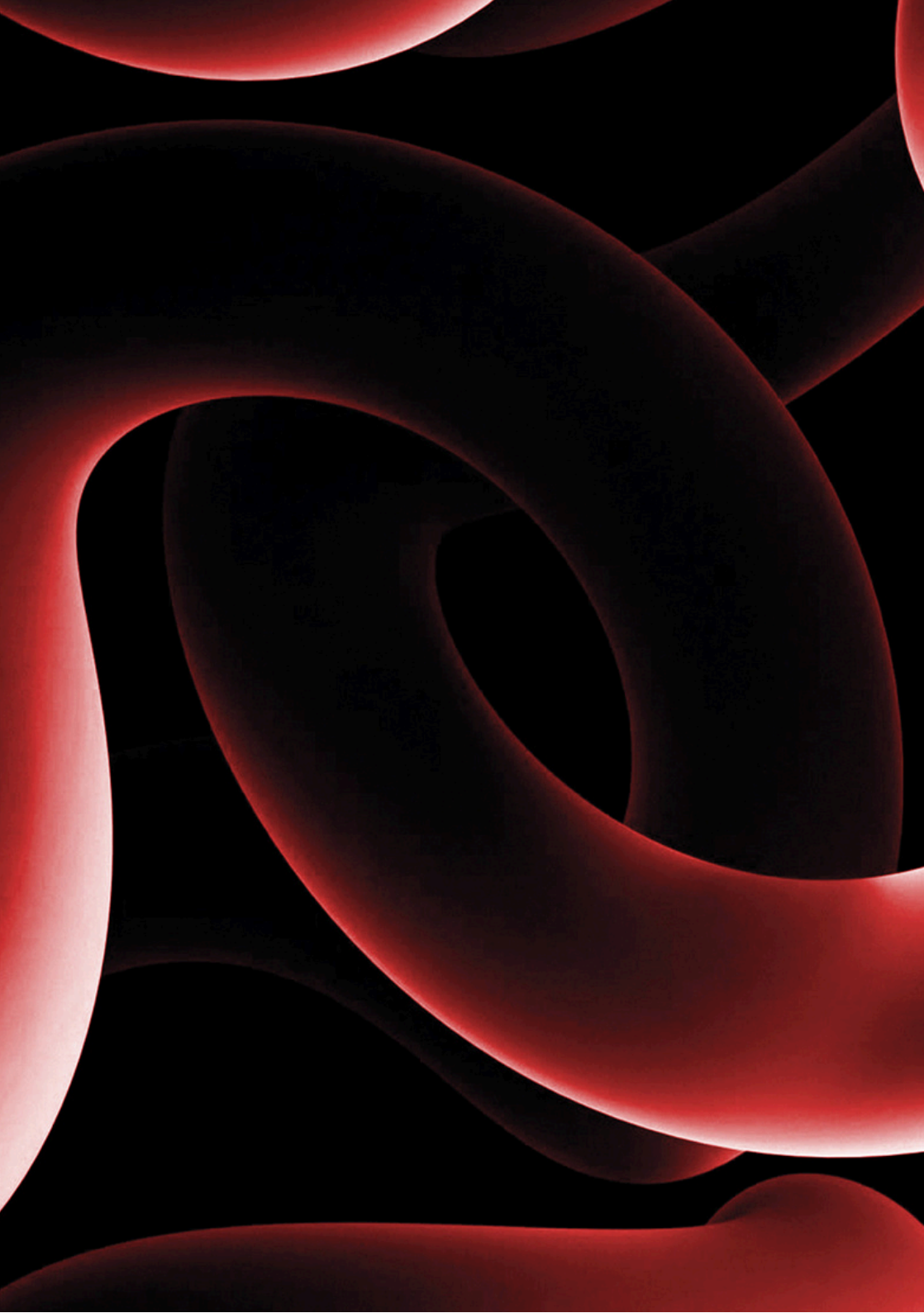
5.9

HYDROSTRIKE

BATTLESHIP

| | |
|----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  24 Teams |
|  09:00 am |  10 |
|  Full Day |  STD. 8 - 12 |
|  Jamnabai Narsee Playground | |

- Participants will be required to perform a series of mental and physical tasks.
- Participants **MUST** be dressed in sports gear **ONLY**.
- Participants **MUST** wear a **WHITE** T-shirt for this event.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.





CASPRO

ZAARA GABA








Event Co-ordinator

+91 98200 88698

6.1

SOCIAL SYNC

SOCIAL MEDIA MANAGEMENT








| | |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  09:00 am |  2 |
|  Full Day |  STD. 8 - 12 |
|  JNIS Foyer (6 th Floor) | |

- Participants will be required to create an Instagram account and share content on the same based on a theme disclosed on the day of the event.
- Participants **MUST** carry at least **1** Laptop and **1** Internet Dongle.
- There is **NO** restriction on the kind of software that can be used for editing the content.
- The use of offensive or explicit content will **NOT** be permitted.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.

6.2

PLAYOFFS

IPL QUIZ AND MOCK AUCTION








| | |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  09:00 am |  2 |
|  Full Day |  STD. 8 - 12 |
|  JNIS Foyer (6 th Floor) | |

- The dress code for this event is **western formal**.
- Participants **WILL** be required to create their own IPL Team based on the given criteria that will be disclosed on the day of the event.
- Participants **MUST** be well-versed with the rules, players and matches of the Indian Premier League.
- Players from **TATA IPL 2025 Player List** will be auctioned.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.

6.3

STOCK SHOCK

STOCK MARKET SIMULATION








| | |
|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  09:00 am |  2 |
|  Full Day |  STD. 8 - 12 |
|  W - 77 (6 th Floor) | |

- The dress code for this event is **western formal**.
- This event is a simulation of the **Indian Stock Market**.
- Participants **MUST** carry at least **1** Laptop configured with Microsoft Excel or any other spreadsheet software and **1** Internet Dongle.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.

6.4

THE FINAL DRAFT

SCRIPT WRITING & NARRATION








| | |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  10:00 am |  1 |
|  4 hours |  STD. 8 - 12 |
|  JNIS Foyer (6 th Floor) | |

- Participants **WILL** be required to create a script based on a theme which will be disclosed on the day of the event itself.
- Participants **MUST** carry **1** Laptop.
- The script should be submitted in the final draft format.
- The speech **MUST** be in **ENGLISH** and/or **HINDI**. However, occasional references to other languages will be permitted.
- The use of any explicit language and/or offensive remarks will **NOT** be permitted.
- Further details will be disclosed on the day of the event itself.

6.5

BAND BAAJA RUNWAY

FASHION SHOW








| | |
|---------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  20 Teams |
|  04:30 pm |  12 - 16 |
|  2 hours |  STD. 8 - 12 |
|  Main Auditorium (4 th Floor) | |

- Performance Time: **3 - 4 minutes**
- The theme for this event is **FUTURISTIC INDIAN WEDDING**.
- There is no restriction on the kind of music or number of songs that can be used.
- The use of offensive or explicit lyrics will **NOT** be permitted.
- Hired costumes may be used, however, they must **NOT** be offensive. Marks **WILL** be allotted for the same.
- The use of background props will **NOT** be permitted. However, the use of props in the performance **WILL** be permitted. There is no restriction on the number of props that can be used.
- Props that damage the stage or hamper the next performance will **NOT** be permitted.
- Music **ONLY** in the pre-recorded format will be permitted; live music will **NOT** be permitted.
- Participants **MUST** carry **2** pen drives with an MP3 file of the soundtrack.

6.6

THE NEW AGE

WORLD PLANNING AND PRESENTATION








| | | | |
|----------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------|-------------|
|  | Sun, 24 th August |  | None |
|  | 09:00 am |  | 2 |
|  | Full Day |  | STD. 8 - 12 |
|  JNIS Foyer (6 th Floor) | | | |

- Participants **WILL** be required to create a world in a comprehensive manner based on a theme disclosed on the day of the event.
- Participants **MUST** carry at least **1** Laptop and **1** Internet Dongle.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

6.7

THE IMPERSO-NATION

MOCK PRESS

| | |
|-----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  20 Teams |
|  09:00 am |  1 |
|  3 hours |  STD. 8 - 12 |
|  Convention Centre (5 th Floor) | |

- Performance Time: **2 – 3 minutes**
- Participants will be required to portray a prominent personality and defend their actions. This will be followed by a question-answer session.
- Participants will be required to make a speech on the topic, **“Why I Deserve to be the Leader of a Nation”**.
- Participants will be tested on how well they portray their chosen personality as well as how accurately they question their opponents.
- The facts based on the personalities’ life history cannot be distorted.
- Participants **MUST** be well-versed with the speech patterns and mannerisms of their chosen personality.
- The speech **MUST** be in **ENGLISH** and/or **HINDI**. However, occasional references to other languages will be permitted.
- The use of any explicit languages and/or offensive remarks will **NOT** be permitted.
- Hired costumes may be used, however, they must **NOT** be offensive. Marks **WILL** be allotted for the same.

- Participants **MUST** email us **3 names** from the given list of prominent personalities, in order or preference. They will be allotted any **1** personality, subject to availability.
- Selection of the chosen character will open on **Tuesday, 5th August, 2025** at **12:00 pm** via **communications@jnaacascade.com**. Further details for the same will be shared upon confirmation of registration.
- The list of prominent personalities is as follows:
 1. Apoorva Mukhija
 2. Johnny Depp
 3. Ranveer Singh
 4. Rohit Sharma
 5. Taylor Swift
 6. Amber Heard
 7. Kanye West
 8. Orry (Orhan Awatramani)
 9. Justin Bieber
 10. Beyoncé
 11. Urvashi Rautela
 12. Kapil Sharma
 13. Elvish Yadav
 14. Rhea Chakraborty
 15. Caitlyn Jenner
 16. Yo Yo Honey Singh
 17. Rajpal Yadav
 18. Jack Black
 19. Samay Raina
 20. Rakhi Sawant

6.8

WILD CARD

CREATIVE DESIGNING

Sun, 24th August

None



09:00 am



2



4 hours



STD. 8 - 12








JNIS Foyer (5th Floor)

- Participants **WILL** be tested on their designing and editing skills based on a theme disclosed on the day of the event.
- Participants **MUST** carry at least **1** Laptop and **1** Internet Dongle.
- Further details will be disclosed on the day of the event itself.

6.9

BOTANIC BLUR

MAKEUP & EDITORIAL SHOOT








| | |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  09:30 am |  3 |
|  5 hours |  STD. 8 - 12 |
|  JNIS Foyer (5 th Floor) | |

- Participants **WILL** be tested on their make-up and photography skills based on a theme disclosed on the day of the event.
- Each team must comprise **1** Model, **1** Make-up artist and **1** Photographer.
- Participants **MUST** carry their own Camera, Laptop, Internet Dongle, Makeup, Face-paints, Makeup remover.
- The model **MUST** wear a **BLACK** T-shirt.
- Further details will be disclosed on the day of the event itself.

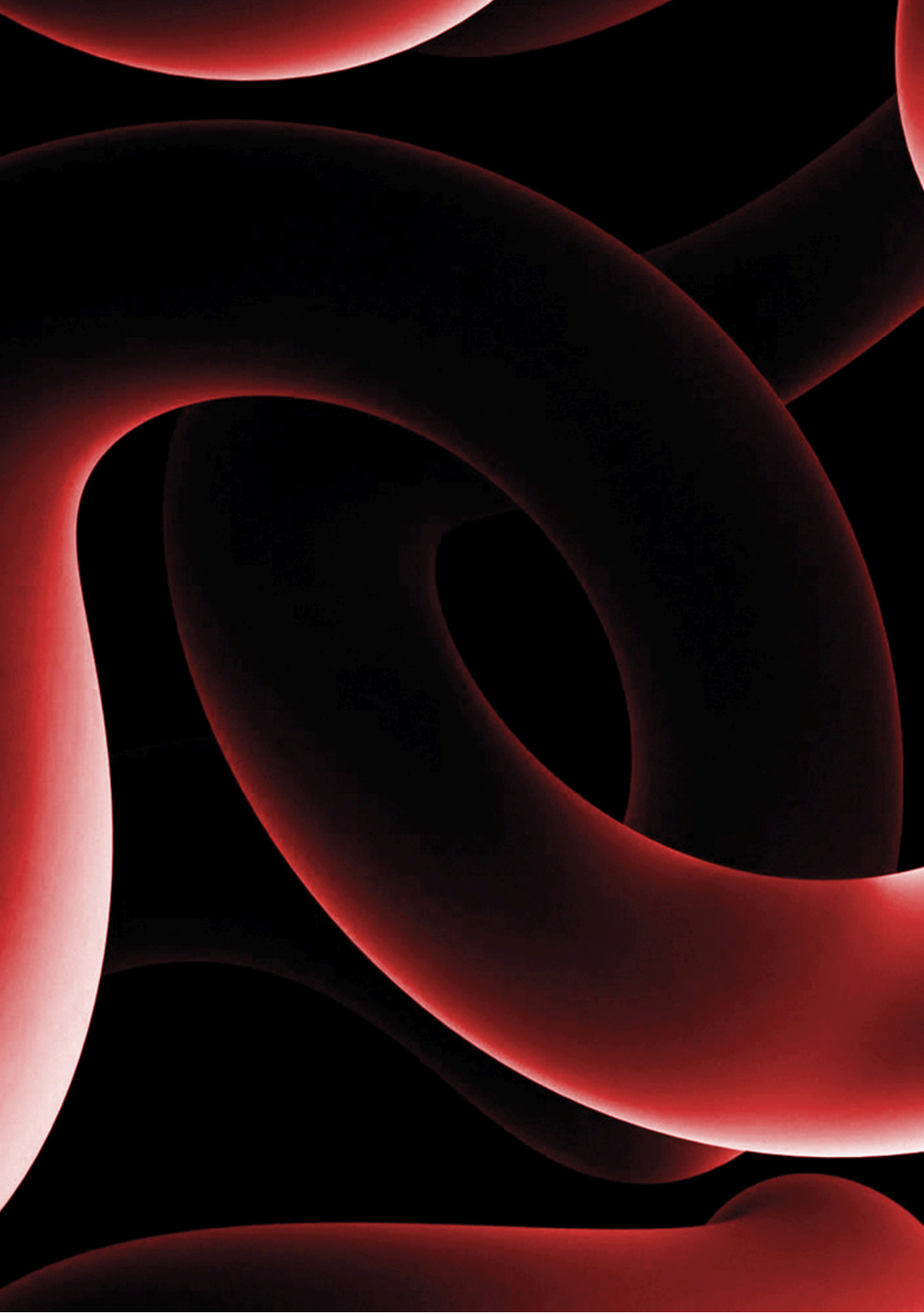
6.10

MOOD-O-LOGY

DECOR & STYLING

| | |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  12:00 pm |  1 |
|  2.5 hours |  STD. 8 - 12 |
|  JNIS Foyer (5 th Floor) | |

- Participants will be required to create mood-boards based on a theme disclosed on the day of the event.
- Participants will be tested on their sense of aesthetics and styling ability.
- Participants **MUST** carry at least **1** Laptop and **1** Internet Dongle.
- Further details will be disclosed on the day of the event itself.







SPORTS MANIA








VIDHAN ARORA

Event Co-ordinator
+91 70459 25262

DEVAM SHAH

Event Co-ordinator
+91 88797 98989

7.1 FOOTBALL

| | |
|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  32 per category |
|  09:00 am |  8 per category |
|  Full Day |  STD. 8 - 12 |
|  Jamnabai Narsee Playground | |

- **1 Boys** team **AND 1 Girls** team will be accepted per contingent.
- Mixed Teams will **NOT** be permitted.
- Player Distribution: **6 on field + 2 substitutes**
- Participants **MUST** wear shin-guards, stockings and studs.
- Metal spikes will **NOT** be permitted.
- Standard **International Federation of Association Football (FIFA)** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- Participants **MUST** carry **1 RED** T-shirt and **1 BLUE** T-shirt.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.

7.2

DODGEBALL

Sat, 23rd August

32 per category



09:00 am



8 per category



Full Day



STD. 8 - 12



Multipurpose Indoor Court

- **1 Boys** team **AND 1 Girls** team will be accepted per contingent.
- Mixed Teams will **NOT** be permitted.
- Player Distribution: **6 on field + 2 substitutes**
- Standard **National Dodgeball League** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- Participants **MUST** carry **1 RED** T-shirt and **1 BLUE** T-shirt.
- **ONLY** non-marking flat soles will be permitted.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself

7.3 ARM WRESTLING



Sat, 23rd August



None



09:00 am



1 per category



4 hours



STD. 8 - 12



E - 39 (3rd Floor)








- **1 Boy** participant **AND 1 Girl** participant will be accepted per contingent.
- Participants **MUST** wrestle with their **right arm** only.
- Protective gear will **NOT** be permitted.
- Standard **International Federation of Armwrestling (IFA)** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- Further details will be disclosed on the day of the event itself.

7.4 BASKETBALL

| | |
|----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  32 per category |
|  09:00 am |  5 per category |
|  Full Day |  STD. 8 - 12 |
|  Multipurpose Outdoor Court | |

- **1 Boys** team **AND 1 Girls** team will be accepted per contingent.
- Mixed Teams will **NOT** be permitted.
- Player Distribution: **3 on court + 2 substitutes**
- **ONLY** non-marking flat soles will be permitted.
- Standard **International Basketball Federation (FIBA) 3v3** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- Participants **MUST** carry **1 RED** T-shirt and **1 BLUE** T-shirt.
- This is a **FULL DAY** event, participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.

7.5 SHOT PUT

| | |
|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
|  Sat, 23 rd August |  None |
|  10:00 am |  1 per category |
|  Full Day |  STD. 7 - 12 |
|  Jamnabai Narsee Playground | |








- **1 Boy** participant **AND 1 Girl** participant will be accepted per age category.
- Standard **International Association of Athletics Federations (IAAF)** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- Support belts **WILL** be permitted.
- Metal spikes will **NOT** be permitted.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.
- Contingents can register for the following sub-categories:

| | |
|------------------------------------------------|------|
| 7 th - 8 th STD. Girls | 2kgs |
| 7 th - 8 th STD. Boys | 3kgs |
| 9 th - 10 th STD. Girls | 3kgs |
| 9 th - 10 th STD. Boys | 4kgs |
| 11 th - 12 th STD. Girls | 4kgs |
| 11 th - 12 th STD. Boys | 5kgs |

7.6

GAME ON

SPORTS QUIZ

| | | | |
|------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------------------------------------------------------------------------|-------------|
|  | Sat, 23 rd August |  | None |
|  | 10:00 am |  | 2 |
|  | Full Day |  | STD. 1 - 12 |
|  W - 78 (6 th Floor) | | | |

- Participants **MUST** be well-versed in Cricket, Football, Basketball, Formula 1, Lawn Tennis, and record holders of the Olympics.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno interviews.
- Further details will be disclosed on the day of the event itself.

7.7

ATHLETICS

Sun, 24th August

32 per category



09:00 am



As per category



Full Day



STD. 7 - 12



Jamnabai Narsee Playground

- Participants cannot take part in more than **3 sub-events**.
- The winners of the races will be decided based on Time trials.
- World **Athletics Competition** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- Points will be awarded individually for each category.
- Metal spikes will **NOT** be permitted.
- **1 Boy** participant **AND 1 Girl** participant will be accepted per contingent; Mixed Relay must comprise **2 Boy** participants **AND 2 Girl** participants.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

- Contingents can register for the following sub-events:

100 Meter Race

7th – 8th STD. Girls
7th – 8th STD. Boys
9th – 10th STD. Girls
9th – 10th STD. Boys
11th – 12th STD. Girls
11th – 12th STD. Boys

200 Meter Race

7th – 8th STD. Girls
7th – 8th STD. Boys
9th – 10th STD. Girls
9th – 10th STD. Boys
11th – 12th STD. Girls
11th – 12th STD. Boys

4 x 100 Meter Relay

7th – 8th STD. Girls
7th – 8th STD. Boys
9th – 10th STD. Girls
9th – 10th STD. Boys
11th – 12th STD. Girls
11th – 12th STD. Boys

4 x 100 Meter Mixed Relay

7th – 8th STD.
9th – 10th STD.
11th – 12th STD.

7.8

BADMINTON

Sun, 24th August

32 Teams



09:00 am



2



Full Day










STD. 8 - 12



Multipurpose Indoor Court

- **1 Boy AND 1 Girl** participant will be required per contingent.
- Matches will be conducted in a mixed doubles format.
- **ONLY** non-marking flat soles will be permitted.
- Standard **Badminton World Federation (BWF)** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

7.9 TABLE TENNIS

| | |
|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  32 per category |
|  10:00 am |  1 per category |
|  Full Day |  STD. 1 - 12 |
|  W - 57 (5 th Floor) | |

- **1 Boy AND 1 Girl** participant will be required per contingent.
- Standard **International Table Tennis Federation (ITTF)** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- Participants **MUST** carry their own **TABLE TENNIS RACQUETS**.
- Participants **MUST** wear sports shoes.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

7.10 TUG OF WAR



Sun, 24th August



32 per category



10:00 am



10 per category



Full Day










STD. 8 - 12



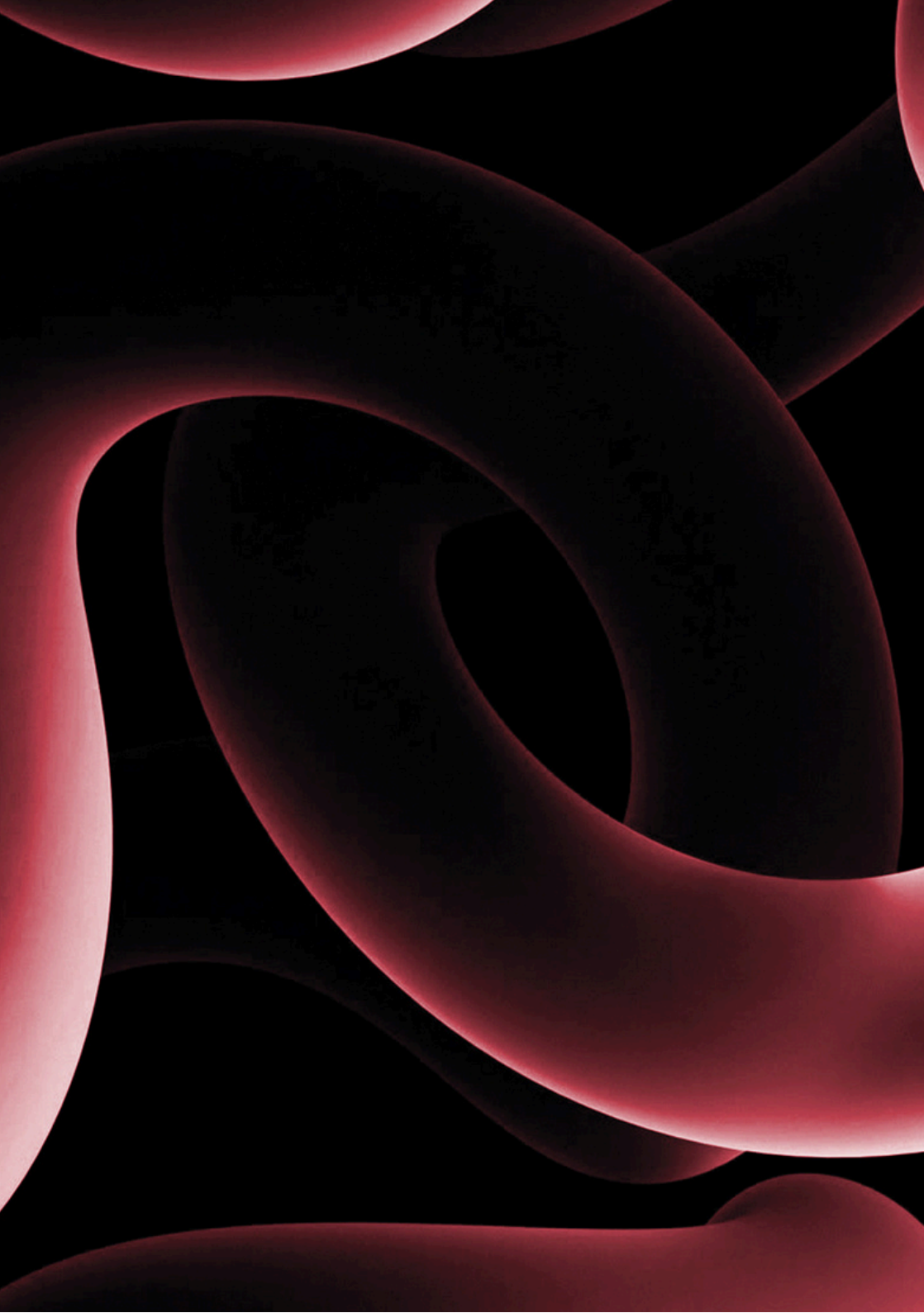
Jamnabai Narsee Playground

- **1 Boys** team **AND 1 Girls** team will be accepted per contingent.
- Mixed Teams will **NOT** be permitted.
- Player Distribution: **8 on field + 2 substitutes**
- Standard **International Tug Of War Federation** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- Metal spikes will **NOT** be permitted.
- This is a **FULL DAY** event; participants taking part in this event will **NOT** be permitted to participate in any other event or proceedings on the day of the event **EXCEPT** Numero Uno.
- Further details will be disclosed on the day of the event itself.

7.11 BLITZ CHESS

| | |
|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
|  Sun, 24 th August |  None |
|  10:00 am |  1 |
|  4 hours |  STD. 1 - 12 |
|  W - 60 (5 th Floor) | |

- **1 Boy** participant **OR 1 Girl** participant will be accepted per contingent.
- Standard **FIDE World Blitz Championship** rules will be followed and any modifications to the rules will be disclosed on the day of the event.
- Further details will be disclosed on the day of the event itself.





NUMERO UNO

YOHAN SINHA

Event Co-ordinator

+91 91677 78639

8.1

NUMERO UNO

PERSONALITY CONTEST

Sun, 24th August

None



03:30 pm



No limit



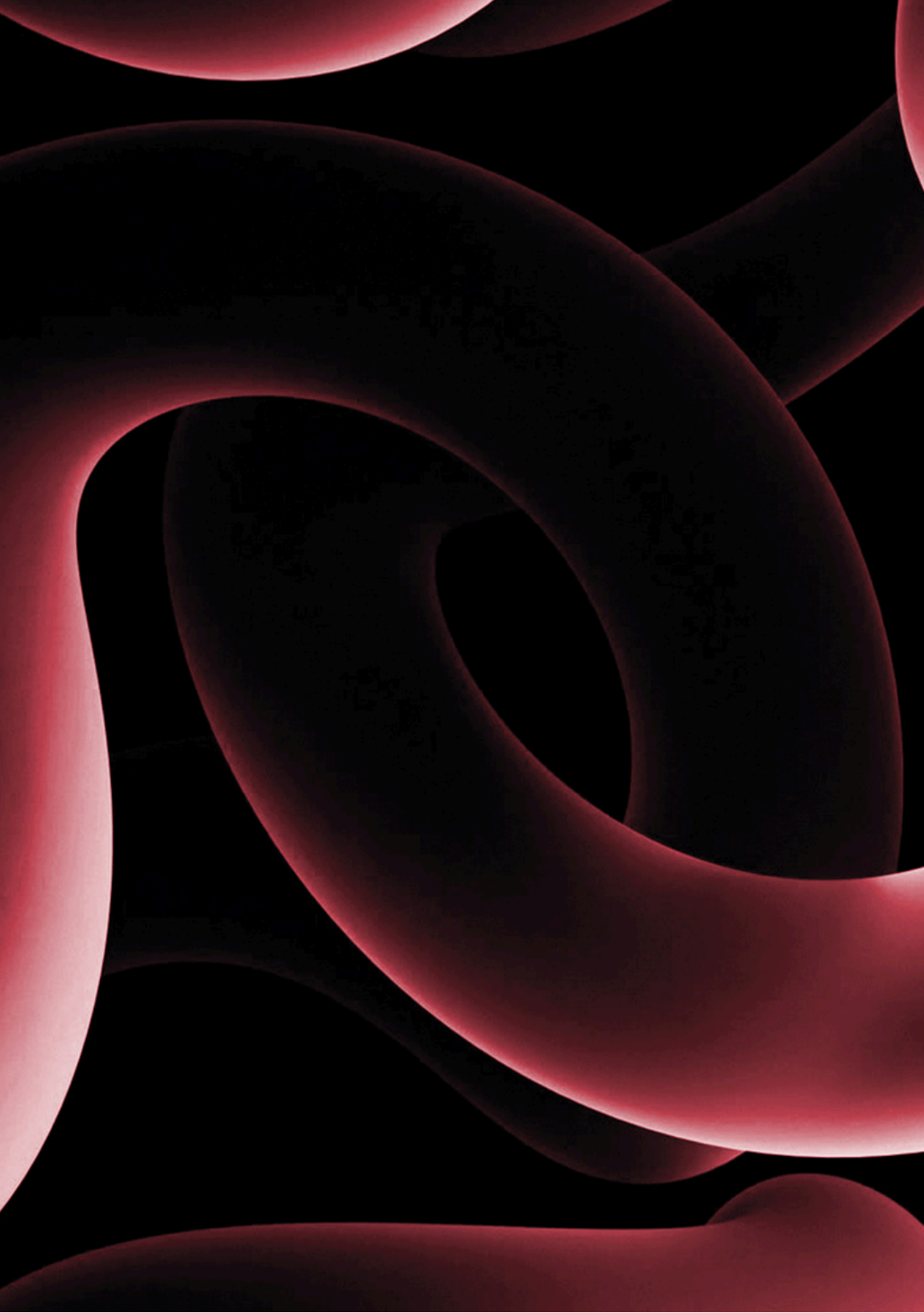
1 hour

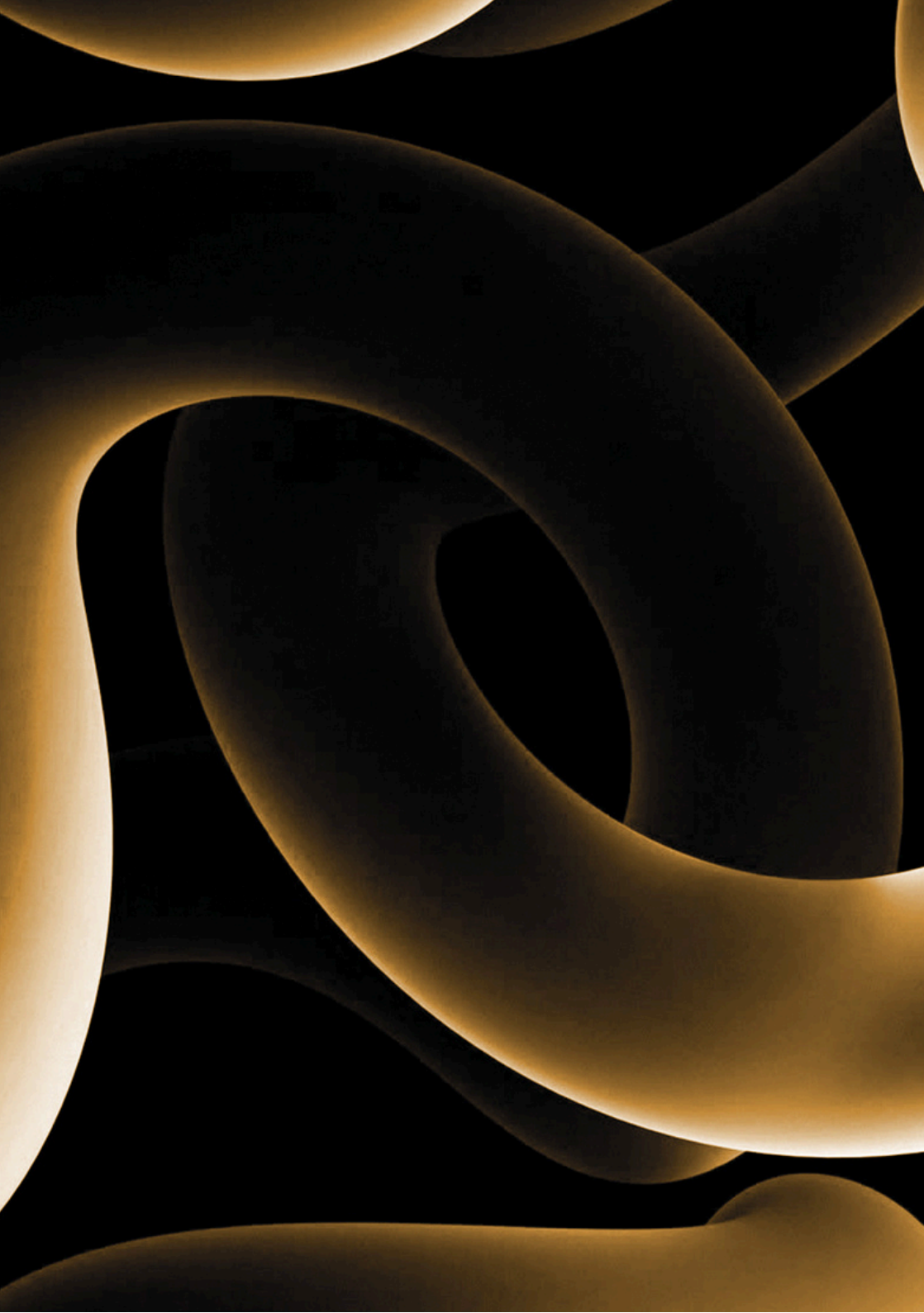


STD. 9 - 12

Main Auditorium (4th Floor)

- Participants will be tested on their **OVERALL PERSONALITY**, including general intelligence, spontaneity, wit, confidence and proficiency in public speaking, among other factors.
- Each contingent may send as many participants as they wish for this event.
- Any **Non-Participant, Participant, Contingent Leader** and **Assistant Contingent Leader** fitting the age category mentioned above is eligible to participate in this event.
- **Participants** participating in a full day event are also eligible to participate in this event.
- The registration forms for Numero Uno will be available from **Saturday, 23rd August, 09:00 am** onwards in the **Cultural Room (2nd Floor)**.
- After submitting these forms, the shortlisted students will be called for an interview, and **10 finalists** will be chosen for the final round.
- Further details and formats of rounds will be disclosed on the day of the event itself.





The background features several thick, glowing, curved bands in shades of yellow and orange, set against a solid black background. The bands are arranged in a complex, overlapping pattern, creating a sense of depth and movement. The lighting is soft and diffused, highlighting the smooth, rounded edges of the shapes.

SCHEDULE

FINE ARTS

| Event No. | Event | Date | Time | Venue |
|-----------|--------------------|---------------------------|----------|----------------------------------|
| 1.1 | STRINGS ATTACHED | Sat, 23 rd Aug | 09:00 AM | E - 49 (4 th Floor) |
| 1.2 | CANVAS OF CHORDS | Sat, 23 rd Aug | 09:00 AM | Art Room (4 th Floor) |
| 1.3 | MODEL VERSE | Sat, 23 rd Aug | 09:00 AM | E - 47 (4 th Floor) |
| 1.4 | STYLED STROKES | Sat, 23 rd Aug | 10:00 AM | Art Room (4 th Floor) |
| 1.5 | MONOCHROME MOMENTS | Sat, 23 rd Aug | 11:00 AM | Art Room (4 th Floor) |
| 1.6 | CHARACTER SKETCH | Sat, 23 rd Aug | 12:00 PM | Art Room (4 Floor) |
| 1.7 | OFF THE WALL | Sun, 24 th Aug | 09:00 AM | E - 49 (4 th Floor) |
| 1.8 | THE HIDDEN CANVAS | Sun, 24 th Aug | 10:00 AM | E - 49 (4 th Floor) |
| 1.9 | HALF & HALF | Sun, 24 th Aug | 12:00 PM | Art Room (4 th Floor) |
| 1.10 | THE DOT COLLECTIVE | Sun, 24 th Aug | 12:00 PM | Art Room (4 th Floor) |
| 1.11 | FOLK FUSION | Sun, 24 th Aug | 12:00 PM | Art Room (4 th Floor) |

LITERARY ARTS

| Event No. | Event | Date | Time | Venue |
|-----------|--------------------|---------------------------|----------|----------------------------------------------|
| 2.1 (A) | CLASH & CONQUER | Sat, 23 rd Aug | 09:00 AM | IB Foyer , East Wing (6 th Floor) |
| 2.2 | BOL BACHAN | Sat, 23 rd Aug | 09:00 AM | Convention Centre (5 th Floor) |
| 2.3 | WORD - QUAKE | Sat, 23 rd Aug | 10:00 AM | DICE Lab (4 th Floor) |
| 2.4 | CAS-PLAY | Sat, 23 rd Aug | 12:00 PM | Convention Centre (5 th Floor) |
| 2.5 | KALAM KA KAMAAL | Sat, 23 rd Aug | 01:00 PM | IB Foyer , East Wing (6 th Floor) |
| 2.6 | ONCE UPON A SCREEN | Sat, 23 rd Aug | 02:00 PM | IB Foyer , East Wing (6 th Floor) |
| 2.1 (B) | CLASH & CONQUER | Sun, 24 th Aug | 09:00 AM | IB Foyer , East Wing (6 th Floor) |
| 2.7 | CAS-MUN | Sun, 24 th Aug | 09:00 AM | DICE Lab (4 th Floor) |
| 2.8 | QUILL THRILL | Sun, 24 th Aug | 09:00 AM | IB Foyer , East Wing (6 th Floor) |
| 2.9 | HEADLINE HUSTLE | Sun, 24 th Aug | 10:00 AM | IB Foyer , East Wing (6 th Floor) |
| 2.10 | PASS THE PLOT | Sun, 24 th Aug | 11:00 AM | IB Foyer , East Wing (6 th Floor) |

PERFORMING ARTS

| Event No. | Event | Date | Time | Venue |
|-----------|----------------|---------------------------|----------|-------------------------------------------|
| 3.1 | HALLA BOL | Sat, 23 rd Aug | 09:00 AM | Amphitheatre (6 th Floor) |
| 3.2 | CAS CHORDS | Sat, 23 rd Aug | 11:30 AM | Main Auditorium (4 th Floor) |
| 3.3 | BLOCKBUSTER | Sat, 23 rd Aug | 02:30 PM | Main Auditorium (4 th Floor) |
| 3.4 | KALEIDOSCOPE | Sat, 23 rd Aug | 04:00 PM | Amphitheatre (6 th Floor) |
| 3.5 | TALAASH | Sun, 24 th Aug | 09:00 AM | E - 39 (3 rd Floor) |
| 3.6 | BOLLY -VERSE | Sun, 24 th Aug | 09:00 AM | JNIS Foyer (6 th Floor) |
| 3.7 | CROSS-CULTURAL | Sun, 24 th Aug | 09:00 AM | Amphitheatre (6 th Floor) |
| 3.8 | MIC CHECK | Sat, 23 rd Aug | 12:00 PM | Convention Centre (5 th Floor) |
| 3.9 | BRING IT ON | Sun, 24 th Aug | 12:00 PM | Main Auditorium (4 th Floor) |

CASKIDS

| Event No. | Event | Date | Time | Venue |
|-----------|-------------------------|---------------------------|----------|-----------------------------------------|
| 4.1 | SNOOP SQUAD | Sat, 23 rd Aug | 09:00 AM | W - 39 (3 rd Floor) |
| 4.2 | GOALAZO! | Sat, 23 rd Aug | 09:00 AM | W - 57 (5 th Floor) |
| 4.3 | LITTLE PAIR-FORMERS | Sat, 23 rd Aug | 09:00 AM | Main Auditorium (4 th Floor) |
| 4.4 | YAADON KI BARAAT | Sat, 23 rd Aug | 11:30 AM | Amphitheatre (6 th Floor) |
| 4.5 | ART ATTACK | Sat, 23 rd Aug | 02:00 PM | E - 39 (3 rd Floor) |
| 4.6 | JODI NO.1 | Sat, 23 rd Aug | 02:00 PM | Amphitheatre (6 th Floor) |
| 4.7 | LIGHTS, CAMERA, LEGEND! | Sun, 24 th Aug | 09:00 AM | Main Auditorium (4 th Floor) |
| 4.8 | PAIR-O-METER | Sun, 24 th Aug | 09:00 AM | W - 39 (3 rd Floor) |
| 4.9 | HISTORY COMES ALIVE | Sun, 24 th Aug | 11:30 AM | Amphitheatre (6 th Floor) |
| 4.10 | ROLL-A-COASTER | Sun, 24 th Aug | 12:00 PM | E - 47 (4 th Floor) |

INFORMALS

| Event No. | Event | Date | Time | Venue |
|-----------|---------------------|---------------------------|----------|--------------------------------------|
| 5.1 (A) | KICK OFF | Sat, 23 rd Aug | 09:00 AM | JNIS Foyer (3 rd Floor) |
| 5.2 | VICTORY ROYALE | Sat, 23 rd Aug | 09:00 AM | JNIS Foyer (3 rd Floor) |
| 5.3 (A) | HOWZATI! | Sat, 23 rd Aug | 09:00 AM | JNIS Outdoor Court |
| 5.4 | THE LOST EXPEDITION | Sat, 23 rd Aug | 09:00 AM | Centre Foyer (1 st Floor) |
| 5.5 | GAME-A-THON | Sat, 23 rd Aug | 10:00 AM | Centre Foyer (1 st Floor) |
| 5.6 | THE LONG CON | Sun, 24 th Aug | 09:00 AM | Centre Foyer (1 st Floor) |
| 5.1 (B) | KICK OFF | Sun, 24 th Aug | 09:00 AM | JNIS Foyer (3 rd Floor) |
| 5.3 (B) | HOWZATI! | Sun, 24 th Aug | 09:00 AM | JNIS Outdoor Court |
| 5.7 | HALL OF MARVELS | Sun, 24 th Aug | 09:00 AM | W - 78 (6 th Floor) |
| 5.8 | FUSION CONFUSION | Sun, 24 th Aug | 09:00 AM | Multipurpose Outdoor Court |
| 5.9 | HYDROSTRIKE | Sun, 24 th Aug | 09:00 AM | Jamnabai Narsee Playground |

CASPRO

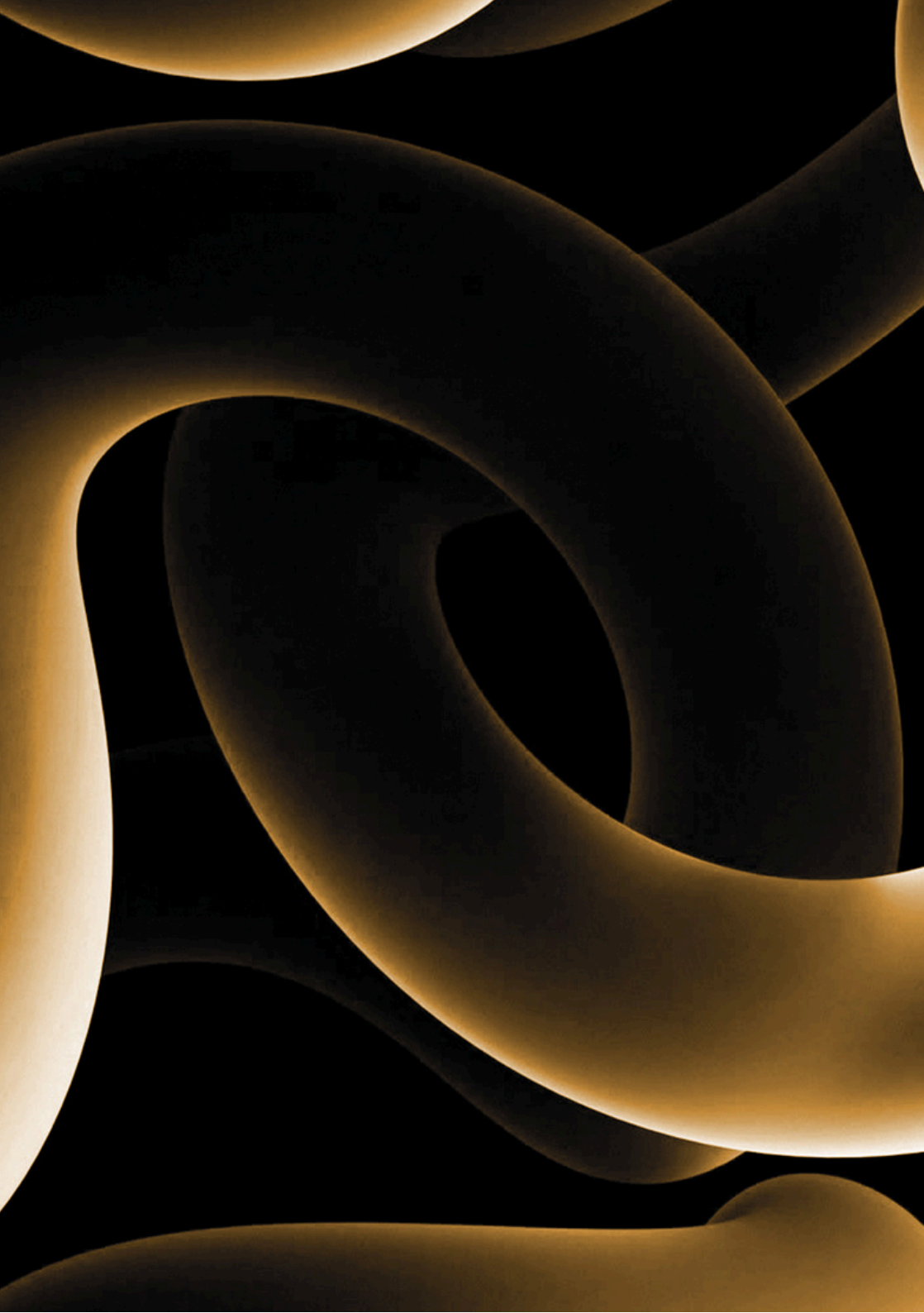
| Event No. | Event | Date | Time | Venue |
|-----------|--------------------|---------------------------|----------|-------------------------------------------|
| 6.1 | SOCIAL SYNC | Sat, 23 rd Aug | 09:00 AM | JNIS Foyer (6 th Floor) |
| 6.2 | PLAYOFFS | Sat, 23 rd Aug | 09:00 AM | JNIS Foyer (6 th Floor) |
| 6.3 | STOCK SHOCK | Sat, 23 rd Aug | 09:00 AM | W - 77 (6 th Floor) |
| 6.4 | THE FINAL DRAFT | Sat, 23 rd Aug | 10:00 AM | JNIS Foyer (6 th Floor) |
| 6.5 | BAND BAAJA RUNWAY | Sat, 23 rd Aug | 04:30 PM | Main Auditorium (4 th Floor) |
| 6.6 | THE NEW AGE | Sun, 24 th Aug | 09:00 AM | JNIS Foyer (6 th Floor) |
| 6.7 | THE IMPERSO-NATION | Sun, 24 th Aug | 09:00 AM | Convention Centre (5 th Floor) |
| 6.8 | WILD CARD | Sun, 24 th Aug | 09:00 AM | JNIS Foyer (5 th Floor) |
| 6.9 | BOTANIC BLUR | Sun, 24 th Aug | 09:30 AM | JNIS Foyer (5 th Floor) |
| 6.10 | MOOD-O-LOGY | Sun, 24 th Aug | 12:00 PM | JNIS Foyer (5 th Floor) |

SPORTS MANIA

| Event No. | Event | Date | Time | Venue |
|-----------|---------------|---------------------------|----------|--------------------------------|
| 7.1 | FOOTBALL | Sat, 23 rd Aug | 09:00 AM | Jamnabai Narsee Playground |
| 7.2 | DODGEBALL | Sat, 23 rd Aug | 09:00 AM | Multipurpose Indoor Court |
| 7.3 | ARM WRESTLING | Sat, 23 rd Aug | 09:00 AM | E - 39 (3 rd Floor) |
| 7.4 | BASKETBALL | Sat, 23 rd Aug | 09:00 AM | Multipurpose Outdoor Court |
| 7.5 | SHOT PUT | Sat, 23 rd Aug | 10:00 AM | Jamnabai Narsee Playground |
| 7.6 | GAME ON | Sat, 23 rd Aug | 10:00 AM | W - 77 (6 th Floor) |
| 7.7 | ATHLETICS | Sun, 24 th Aug | 09:00 AM | Jamnabai Narsee Playground |
| 7.8 | BADMINTON | Sun, 24 th Aug | 09:00 AM | Multipurpose Indoor Court |
| 7.9 | TABLE TENNIS | Sun, 24 th Aug | 10:00 AM | W - 57 (5 th Floor) |
| 7.10 | TUG OF WAR | Sun, 24 th Aug | 10:00 AM | Jamnabai Narsee Playground |
| 7.11 | BLITZ CHESS | Sun, 24 th Aug | 10:00 AM | W - 60 (5 th Floor) |

KEYNOTE EVENTS

| Event No. | Event | Date | Time | Venue |
|-----------|----------------------|---------------------------|----------|-----------------------------------------|
| | AASHAYEIN BY CASCADE | Sat, 26 th Aug | 11:00 AM | Main Auditorium (4 th Floor) |
| | OPENING CEREMONY | Sat, 23 rd Aug | 08:30 AM | Main Auditorium (4 th Floor) |
| 8.1 | NUMERO UNO | Sun, 24 th Aug | 03:30 PM | Main Auditorium (4 th Floor) |
| | CLOSING CEREMONY | Sun, 24 th Aug | 05:00 PM | Main Auditorium (4 th Floor) |



The background features several thick, glowing golden-yellow curved shapes that resemble stylized letters or abstract forms. These shapes are set against a solid black background, creating a high-contrast, modern aesthetic. The lighting is soft and diffused, giving the curves a three-dimensional appearance.

FAQs

FAQs (Frequently Asked Questions)

1. **What is the dress code for Cascade?**

The general dress code for Cascade is smart casuals, however, kindly refer to individual events for clothing specifications.

Please note: Participants must **NOT** enter the premises in their school uniform or school jersey.

2. **What is the reporting time for the contingents on the two days?**

07:30 am (Except STD. 1 & 2 participants)

3. **When can we leave the event on either days?**

Participants can leave whenever they wish to. However, re-entry will not be permitted.

4. **Can the same teacher ID card be used for different teachers on the two days?**

Yes, it can.

5. **What if a choreographer/dance teacher/sports coach wants to accompany the participants?**

8 Teacher ID Cards have been provided which can be used by any of the teachers.

6. **Can we visit Jamnabai Narsee School Playground?**

Yes, all participants and non-participants with a valid pass will be permitted to visit the venue.

7. **What are the dimensions of the stage in the Main Auditorium?**

35ft. x 18ft. x 15ft.

8. **What are the dimensions of the performance area in the Amphitheatre?**

25ft. x 12ft.

9. **What are the dimensions of the Multipurpose Courts?**

Outdoor Court: 95ft. x 50ft.

Indoor Court: 44ft. x 20ft.

JNIS Outdoor Court: 56ft. x 28ft.

10. **What if a participant is taking part in two events that are clashing?**

We suggest that the participant keeps at least a two-hour gap between the end of the one event and the start of another. Please refer to the schedule while registering for more than one event.

How can negative marking for absenteeism be avoided?

11. Negative marking for absenteeism can be avoided by informing the administration department while registering the contingent in the morning OR by substituting the participant with a non-participant.

Is a participant ID Card valid on both the days of Cascade?

12. Yes, it is.

Do we have to carry our own stationery?

13. Basic Stationery is provided. However, please refer to individual events for specifications regarding additional stationery and materials that all participants must carry.

What is mixed media?

14. Mixed media is the use of a mix of different mediums such as acrylic paints, water colours, colour pencils, etc, together.

What are the sizes of A0 – A5 papers?

15. A0: 118.9cm x 84.1cm
 A1: 84.1cm x 59.4cm
 A2: 59.4cm x 42.0cm
 A3: 42.0cm x 29.7cm
 A4: 29.7cm x 21.0cm
 A5: 21.0cm x 14.8cm

What is an add-on patch?

16. Additional material like stickers, sequences or ready-made patches that can be stuck on the composition are called add-on patches.

17. **In what format do we have to submit the music?**
All music must be in MP3 format only. Participants must carry 2 pen drives in case of any problem with the playback.
18. **What is a minus one track?**
A minus one track is a form of pre-recorded music with no vocals.
19. **What are background props?**
They are stationary props that act as a set without being used actively in the performance.
20. **What is a CC Code?**
Cascade Contingent Code (CC Code) is a unique identifier assigned to each school to ensure confidentiality.
21. **Should we wear any protective gear while playing sports?**
All participants of Sports Mania events must wear protective gear such as knee pads and shin guards.
22. **What shoes can we wear for events taking place in the Multipurpose Indoor Court and Multipurpose Outdoor Court?**
Only non-marking flat soles can be worn.
23. **What is the attire for Numero Uno?**
The attire for the event is semi-formal.
24. **Where can we collect our trophies and certificates?**
All trophies and certificates can be collected at the Closing Ceremony on Sunday, 24th August, 2025, 5:00 pm. At least 1 representative must be present during the Closing Ceremony.
25. **Do we need to carry food?**
No, we have a fully functional Cafeteria on both the days of Cascade.

26. **Should we carry a first aid kit?**

We have a fully functional Health Clinic and an ambulance on call, in case of an emergency. However, if any specific medication is required, it is advised you carry your own.

27. **Who do we contact if we have any doubts?**


All doubts or queries should be conveyed to the communications representative allotted to your school.

You can also reach out to our Head of School Communications - Bhakti Kanakia on +91 70450 87798.


28. **Can we have blackouts during our performance?**


No, blackouts are not allowed during performances.

29. **Book legend:**


 - Date

 - Restriction

 - Time

 - Number of participants

 - Duration

 - Age category

 - Venue

30. **What can we expect at Cascade 30?**

Joy, memories and a whole lot of love!



 [Jnaacascade](#) | [Jnaa.official](#)

 [Jnaa-Cascade](#)

*c/o Jamnabai Narsee School, N.S. Road No. 7, J.V.P.D. Scheme,
Vile Parle (W), Mumbai - 400 049, India.*

admin@jnaacascade.com www.jnaacascade.com Tel.: 022 69157575 Ext:125